The Lower Cape Family Resource Guide
Sponsored by the Lower Cape Early Childhood Council

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This guide is compiled and produced by Cape Cod Children’s Place
Updated September 2016
Early Childhood
Licensed Education & Care
For information updates, subsidies, and vouchers, call:

Cape Cod Children’s Place
10 Ballwic Rd., P.O. Box 1935
N. Eastham, MA 02651
508-240-3310
800-871-9535
www.capecodchildrensplace.com

Child Care Network of the Cape and Islands
372 North St.,
Hyannis, MA 02601
508-778-9470
888-530-2430
www.childcarenetwork.cc

Cape Cod Child Development Program
83 Pearl St.,
Hyannis, MA 02601
508-775-6240
800-974-8860
www.cccdp.org

Harwich Family Resource Center
263 South St.,
Harwich, MA 02645
508-430-1692
fjoseph@monomoy.edu

MA Dept. of Early Education and Care (EEC)
51 Sleeper Street 4th floor
Boston, MA 02210
617-988-6600
www.mass.gov/edu/birth-grade-12/early-education-and-care

EEC Regional Office:
1 Washington Street, Suite 20
Taunton, MA 02780
508-828-5025

BREWSTER:
The Family Schools/Brewster Day Camp
3570 Main St.,
Brewster, MA 02631
508-896-6555
www.thefamilyschools.com
2 months – 5 years, Sept.-June
2 months - 13 years, summer

The Laurel School
1436 Long Pond Rd.,
Brewster, MA 02631
508-896-4934
www.laurel-school.org
15 months – 5 years ,Sept-June
15 months-13 years - summer

Owl Moon Child Care
383 S. Orleans Rd.,
Brewster, MA 02631
508-240-3500 ext. 1128
2.9 – 5 years year-round

2
YMCA Child Care  
at Stony Brook Elementary School  
884 Underpass Rd., 
Brewster, MA  02631  
508-362-6500 ext. 135  
774-323-3286  
1 mo.-5 years  year-round  
www.ymcacapecod.org

CHATHAM:  
Monomoy Regional School District  
Chatham Integrated Preschool  
At Chatham Elementary School  
147 Depot Rd.,  
Chatham, MA  02633  
508-945-5135  
ext. 212  
3 - 5 years  Sept. - June

Rocking Unicorn  
1762 Main St., PO Box 1509  
W. Chatham, MA  02669  
508-945-0611  
www.therockingunicorn.com  
2.9 - 5 years  Sept.-June.

EASTHAM:  
Cape Cod Children’s Place  
10 Ballwic Rd.,  
N. Eastham, MA  02651  
508-240-3310  
800-871-9535  
www.capecodchildrensplace.com  
8 wks - 5 years  year-round

HARWICH:  
A Child’s Wonderland  
35 Rt. 137,  
Harwich, MA  02645  
508-432-4400  
www.childswonderland.com  
2.9 – 5 years  year-round

Cape Tech Preschool  
351 Pleasant Lake Ave.,  
Harwich, MA  02645  
508-432-4500 ext. 231  
www.capetech.us  
2.9 - 5 years  Sept-June

Children’s Center  
115 Sisson Rd.,  
Harwichport, MA  02646  
508-432-0152  
2.6 – 5 years  year-round  
www.hech.org

Holy Trinity Preschool  
245 Main St.,  
W. Harwich MA  02671  
508-432-8216  
www.holytrinitypreschoolcapecod.org

Make Way For Kids  
263 South St.,  
Harwich, MA 02645  
508-430-1692  
3 – 5 years  
full year
Monomoy Regional School District
Harwich Integrated Preschool
263 South St.,
Harwich, MA 02645
www.monomoy.edu
508-430-7216
3 - 5 years

My School
257 Main St.,
W. Harwich MA 02671
508-432-5358
1 month - 6 years year-round

NAUSET DISTRICT:
Nauset Integrated Preschool
(classrooms at several schools)
200 Schoolhouse Rd.,
Eastham, MA 02642
508-255-2903
www.nausetschools.org
2.9 - 5 years Sept.-June

ORLEANS:
Learning Garden
63 Hopkins Ln.,
Orleans, MA 02653
508-255-7328
2.9 - 5 years Sept.-June
limited summer program

Meeting House Preschool
162 Main St.,
E. Orleans, MA 02643
508-255-8793
2.9 - 5 years Sept – June
www.fedchurchorleans.org/preschool

The Partnership School of Cape Cod
17 Nell’s Way
Orleans, MA 02653
774-801-2287
2.9-12 years Sept-June
w/ summer program
www.thepartnershipschool.org

WELLFLEET:
Wellfleet Montessori Preschool
100 Lawrence Rd.,
Wellfleet MA 02667
508-349-6252
2.9 - 5 years Sept.-June
www.wellfleetmontessori.com

Cape Cod Children’s Place Sea Babies
@ Wellfleet C.O.A.
715 Old King’s Highway,
Wellfleet MA 02667
508-349-3052 or 508-240-3310
www.capecodchildrensplace.com
1 month - 3 years, year-round

TRURO
Truro Central School Preschool
317 Rte. 6, PO Box 2029,
Truro, MA 02666
508-487-1558
www.truromass.org
3 - 5 years Sept.-June
Licensed Family Child Care Providers
Listed alphabetically within each town
This list of licensed family child care providers in the 8 towns from Harwich to Provincetown is compiled by the Cape Cod Children’s Place, providing information and referral to Lower/Outer Cape families.
This list is for information only, and subject to change.

BREWSTER:

Christina Beaulieu
57 Katherine’s Ln.,
Brewster, MA 02631

Chooses not to list phone no.

Kristine Taylor
18 Ebenezer Ln.,
Brewster, MA 02631

508-896-6549

HARWICH

Sharon Bunting
271 Church St.,
Harwich, MA 02645

508-432-3048

Janice Clark
10 Captain’s Ln.,
Harwich, MA 02645

508-432-1678

Jenn Gould
40 Bell’s Neck Rd.,
W. Harwich, MA 0267

508-432-8776

Roberta Laffey
16 Elliott Way
E. Harwich, MA 02645

774-368-0802
Jackie Watson
1734 Orleans Rd.,
Harwich, MA  02645

508-432-4276

ORLEANS

Dawn Davis
21 Tonset Rd.,
Orleans, MA  02653

508-240-0102
508-237-4030

Leigh Peters
31 Nickerson Rd.,
Orleans, MA 02653

774-722-3796

Nicole White
257 Rt. 6A, Unit D
Orleans, MA 02653

508-737-4414

EASTHAM

Nancy Ambrose
PO Box 1129
N. Eastham, MA 02651

508-255-1937

Kim Radke
205 Queen Ann Drive
Eastham, MA 02642

774-207-0419

WELLFLEET

Patty Carreiro
40 Lt. Island Rd.,
Wellfleet, MA  02667

508-349-0834

www.mylittleislandpreschoolprogram.com
Playgroups and Activities
For Playgroup information on the Lower and Outer Cape

Cape Cod Children’s Place
www.capecodchildrensplace.com
508-240-3310
find us on Facebook

Connect on Facebook for these sites:
Cape Cod Moms
Cape Cod Activities/Events for children
Lower Cape Mom Group (Playgroups and events calendar)
Macaroni Kid Cape Cod MA

Town Libraries
Call for information on story hours and other children’s activities

Cape Libraries Automated Materials Sharing
www.clamsnet.org

Brewster Ladies Library
1822 Main Street
508-896-3913
www.brewsterladieslibrary.org

Chatham: Eldredge Library
564 Main Street
508-945-5170
www.eldredgelibrary.org

Eastham Public Library
190 Samoset Road
508-240-5950
www.easthamlibrary.org

Harwich: Brooks Free Library
739 Main Street
508-430-7562
www.brooksfreelibrary.org

Orleans: Snow Library
67 Main Street
508-240-3760
www.snowlibrary.org

Provincetown Public Library
356 Commercial Street
508-487-7094
www.provincetownlibrary.org

Truro Public Library
5 Library Lane
508-487-1125
www.trurolibrary.org

Wellfleet Public Library
55 West Main Street
508-349-0310
www.wellfleetlibrary.org
**Education**

**Local Public Elementary Schools**

Brewster*        www.nausetschools.org
Stony Brook Elementary: (pre K-grade 2) 508-896-4545
Eddy Elementary (grades 3-5) 508-896-4531

Chatham Elementary**  www.monomoy.edu  508-945-5135

Eastham Elementary* www.nausetschools.org  508-255-0808
Harwich Elementary** www.monomoy.edu  508-430-7216

Orleans Elementary* www.nausetschools.org  508-255-0380

Provincetown Schools www.provincetownschools.com  508-487-5020

Truro Central School www.truromass.org  508-487-1558

Wellfleet Elementary * www.nausetschools.org  508-349-3101

*Brewster, Eastham, Orleans & Wellfleet form the Nauset Regional District
**Chatham & Harwich form the Monomoy Regional District

**Adult Education and Training**

ACCCESS (at CCCC)  508-362-2131
Adult Collaborative of Cape Cod for Education and Support Services www.capecod.edu/web/acccess

Cape Cod Community College  508-362-2131 www.capecod.edu

Cape Cod Regional Technical High School  508-432-8701 www.capetech.us

Job Training & Employment Corp.  508-771-5627  508-240-1900 www.capejobs.com
### After School Child Care, Enrichment & Summer Programs  age 5 years & up

<table>
<thead>
<tr>
<th>Program</th>
<th>Phone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eastham Committee on Early Childhood</td>
<td>508-240-6900</td>
<td><a href="http://www.eceecafterschool.com">www.eceecafterschool.com</a></td>
</tr>
<tr>
<td>Eastham afterschool and summer program</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Nauset Youth Alliance</td>
<td>508-896-7900</td>
<td><a href="http://www.nausetyouthalliance.com">www.nausetyouthalliance.com</a></td>
</tr>
<tr>
<td>Brewster afterschool and summer program</td>
<td></td>
<td></td>
</tr>
<tr>
<td>The Family School</td>
<td>508-896-6555</td>
<td><a href="http://www.thefamilyschools.com">www.thefamilyschools.com</a></td>
</tr>
<tr>
<td>Brewster Day Camp, Summer Program</td>
<td></td>
<td><a href="http://www.brewsterdaycamp.com">www.brewsterdaycamp.com</a></td>
</tr>
<tr>
<td>Cape Cod Sea Camps, Summer Program</td>
<td>508-896-3451</td>
<td><a href="http://www.capecodseacamps.com">www.capecodseacamps.com</a></td>
</tr>
<tr>
<td>Monomoy Community Services (Chatham)</td>
<td>508-945-1501</td>
<td></td>
</tr>
<tr>
<td>Afterschool and summer programs</td>
<td>508-945-1117</td>
<td><a href="http://www.monomoy.org">www.monomoy.org</a></td>
</tr>
<tr>
<td>Monomoy Cooperative Learning Ctrs. (Harwich)</td>
<td>508-430-2355</td>
<td>ext. 2</td>
</tr>
<tr>
<td>Orleans After School Activities Program</td>
<td>508-240-1546</td>
<td></td>
</tr>
<tr>
<td>Pamet After School/Truro Recreation</td>
<td>508-487-1632</td>
<td><a href="http://www.truro-ma.gov/recreation">www.truro-ma.gov/recreation</a></td>
</tr>
<tr>
<td>Wellfleet Childcare Association (afterschool)</td>
<td>508-349-3101</td>
<td>ext. 41</td>
</tr>
<tr>
<td>Wellfleet Audubon Society</td>
<td>508-349-2615</td>
<td></td>
</tr>
</tbody>
</table>

### Town Recreation Departments

<table>
<thead>
<tr>
<th>Town</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brewster</td>
<td>508-896-9430</td>
</tr>
<tr>
<td>Chatham</td>
<td>508-945-5175</td>
</tr>
<tr>
<td>Eastham</td>
<td>508-240-5974</td>
</tr>
<tr>
<td>Harwich</td>
<td>508-430-7553</td>
</tr>
<tr>
<td>Orleans</td>
<td>508-240-3785</td>
</tr>
<tr>
<td>Provincetown</td>
<td>508-487-7097</td>
</tr>
<tr>
<td>Truro</td>
<td>508-487-1632</td>
</tr>
<tr>
<td>Wellfleet</td>
<td>508-349-0330</td>
</tr>
</tbody>
</table>
Transportation

Cape Cod Regional Transit Authority  800-352-7155
Hyannis Transportation Center  www.capecodtransit.org
  • DART (Dial A Ride Transportation)
  • Flex Bus (Lower/Outer Cape)
  • PT 1 transport (Mass Health)
  • service to Boston hospitals
  • seasonal shuttle services

Cape Cod Rail Trail - Bicycle Path  www.mass.gov/dcr/parks/southeast/ccrt.htm

Helping Our Women  508-487-4357
Transportation & financial resources for women  www.helpingourwomen.org
Eastham-Provincetown

Plymouth and Brockton Bus Line  508-746-0378
www.p-b.com

Nature & the Arts

BREWSTER:
Cape Cod Museum of Natural History  508-896-3867
Cape Repertory Theatre  508-896-1888
Town information  www.town.brewster.ma.us

CHATHAM:
Creative Arts Center  508-945-3583
Monomoy Theater  508-945-1589
Chatham Drama Guild  508-945-0510
Town information  www.town.chatham.ma.us

EASTHAM:
Salt Pond Visitor Center-C.C. Nat’l Seashore  508-255-3421
Town information  www.eastham-ma.gov

HARWICH:
Harwich Junior Theater  508-432-2002
Town information  www.harwichma.com
Playgrounds

**BREWSTER:**
Drummer Boy Park, Rte 6A
Eddy Elementary School, 2298 Main St.
Stony Brook Elementary School Underpass Rd.

**CHATHAM:**
Chatham Playground, Depot Rd

**EASTHAM:**
Eastham Elementary School, Schoolhouse Rd.
Wiley Park, Herringbrook Rd.
Harwich Elementary School, South St.
Brooks Park Playground
Make Way for Kids, Harwich Elementary School

**HARWICH:**
Harwich Elementary School
Brooks Park Playground
Make Way for Kids, Harwich Elementary School

**ORLEANS:**
Orleans Elementary School, Eldredge Pkwy
Eldredge Park, Route 28 & Eldredge Pkwy

**PROVINCETOWN:**
East End Playground, Bradford & Howland Sts.
West End Playground, Bradford & Nickerson Sts
Puma Park, Library Ln off Rt 6

**TRURO**
Puma Park, Library Ln off Rt 6

**WELLFLEET:**
Baker’s Field Playground
Kendrick Ave.
Wellfleet COA – 715 Old Kings Hwy.
Family Support Services

**Alanon**
A program of recovery for the families and friends of alcoholics
508-394-4555

**Alcoholics Anonymous**
A program of recovery for the families and friends of alcoholics
508-775-7060

**Barnstable County Human Services**
Plans, develops, and coordinates regional solutions to Cape Cod’s most pressing health and human service issues.
www.barnstable.ma.networkofcare.org

**Cape Cod Children’s Place Family Support Program**
Parent Education & support groups
Free consultations, referrals, information
508-240-3310
800-871-9535
www.capecodchildrensplace.com

**Cape Cod Child Development:**
- **Early Intervention**
  Assessments & services, birth to 3 yrs.
- **Teen Parent Program**
508-775-6240
800-974-8860
www.cccdp.org

**Catholic Social Services**
508-771-6771

**Cape Cod Shelter & Domestic Violence Services**
The Cape Cod Center for Women is the Cape and Islands’ only 24/7 emergency shelter for women and children escaping domestic violence
Emergency# 508-564-7233
Non emergency 774-763-2222
cccfw@capecodshelter.org

**Cape Cod Family Resource Center**
offers family support services, family partners, clinical assessments, referrals, and school support service
508-815-5100
www.capecodfamilyresourcecenter.org

**Cape Cod Neighborhood Support Coalition**
The Family Support Information Line is a free and confidential way for families to receive information about resources and referrals to health and human services, including parent education and support
508-771-4336
888-992-2672
www.capecoalition.com

**Child & Family Services of Cape Cod**
Counseling, therapy, support
800-576-9444
CIGSYA - Cape & Islands Gay & Straight Youth Alliance
508-778-7744
cigsya.org

Child Care Network
Child care resources & referrals
508-778-9470
888-530-2430
www.childcarenetwork.cc

Children’s Cove
Services for child victims of sexual abuse and family members
508-375-0410
888-863-1900
www.childrenscove.org

Dept. of Transitional Assistance
Cash assistance, SSI, employment supports
508-862-6600
www.mass.gov/DTA

Family Continuity Program
Supportive services for families
508-862-0273
www.familycontinuity.org

Gosnold
Substance abuse and mental illness facility
800-444-1554
www.gosnold.org

Harwich Family Resource Center
Partners with Outer Cape WIC, offers food, diapers, books, resources for parents.
508-430-1692

Healthy Children’s Center for Breastfeeding
Breastfeeding support for mothers and babies on the Cape & Islands
508-888-7794
www.healthychildren.cc

Healthy Families
Parent Program for Teen Parents
508-540-2968
www.healthimperatives.org

Holistic Families of Cape Cod
Playgroup, discussion group, social events
check Facebook (closed group)

HopeHealth
bereavement groups, Kids Grieve Too
grief support, pediatric care
800-642-2423
508-957-0200
www.hopehealthco.org

Independence House
Cape Cod’s Resource Center for Victims & Survivors of Domestic Violence & Sexual Assault
508-771-6507
800-439-6507
www.independencehouse.com

Institute for Health & Recovery
help with substance use or mental health issues
617-661-3991
John A. Henry Trust Services
For Provincetown families with children ages 0-18
508-240-3310
800-871-9535
www.capecodchildrensplace.com

LGBTQ Resource Library
@Cape Cod Children’s Place
Books for children & adults
508-240-3310
www.capecodchildrensplace.com

Monomoy Community Services
Services for Chatham residents
508-945-1501
www.monomoy.org

Mothers Helping Mothers
Support group for women struggling with the emotional difficulties associated with addiction and recovery during the pregnant and postpartum phases of life
774-392-0446 or 508-209-7533

Support services for families with young children
508-775-0275
www.mspcc.org

Parenting On The Other Side
Support for families and caregivers impacted by addiction
508-240-3310
www.capecodchildrensplace.com

Parents Professional Advocacy League
866-815-8122
www.ppal.net

PFLAG of Cape Cod – Parents, families, friends of Lesbians, Gays, Bisexuals, Transgenders, Queers & Questioning
508-255-5476
www.pflagcapecod.org

Provincetown Family Resource
Provincetown families with children 0-18
800-871-9535
508-240-3310

WE CAN - services for women in transition
legal clinics, mentoring, divorce support
508-430-8111
www.wecancenter.org
Disabilities Resources

**Alliance for the Mentally Ill**
information on Cape resources
508-778-4277  
www.nami.org/sites/capecod

**Cape Cod Challengers**
For children and adults with physical and/or developmental disabilities
508-420-6950 x 36  
www.capecodchallenger.org

**Cape Organization for the Disabled**
Advocacy group for the disabled  
Free services for all types of disabilities
508-775-8300  
800-541-0282  
www.cilcapecod.org

**Federation for Children with Special Needs**
information, referrals to services
800-331-0688  
www.fcsn.org

**Kennedy Donovan Center**
supports people with developmental delays, disabilities or family challenges
508-772-1200  
www.kdc.org

**Sight Loss Services**
Information, referrals, adaptive aids  
outreach, support groups
508-394-3904  
800-427-6842  
www.jwen.com/sls

**Disability Law Center**
800-872-9992  
www.dlc-ma.org

Food, Clothing & Emergency Funds

**A Baby Center**
Basic items, children birth-3
508-772-8157  
www.ababycenter.org

**Cape Cod Children’s Place**
information on childcare funds, food, referrals
508-240-3310  
800-871-9535  
www.capecodchildrensplace.com

**Department of Transitional Assistance**
cash assistance, SSI, employment supports
508-862-6600  
www.mass.gov/dta

**Fuel Assistance Program**
Emergency assistance for fuel/heat
508-778-0870  
www.sscac.org

**The Family Food Pantry**
508-432-6519  
www.thefamilypantry.com
Harwich Family Resource Center 508-430-1692

Homeless Prevention Council 508-255-9667
Financial aid, referrals, information 877-349-6962
www.homelessonline.org

Legal Services for Cape & Islands 800-742-4107
legal advice to low-income people www.usattorneylegalservices.com

Lower Cape Outreach Council 508-240-0694
Financial assistance for emergency needs www.lcoutreach.org
Food pantries, Katy’s Corner free shop

Mass-APEAL 508-349-1173
Free shop 2393 Cove Corner, Wellfleet

Mustard Seed Kitchen 508-349-2049
meals prepared & delivered on Outer Cape

Soup Kitchen in Provincetown (SKIP) 508-487-8331
10 Shankpainter Rd., Provincetown

South Coastal Counties Legal Services 508-775-7020
460 W. Main St. Hyannis
Mon.-Thurs. 9am-1pm

WIC (Women, Infants, and Children) 508-240-0853
Appointments available in Harwich, Orleans, 800-675-1188
Provincetown www.outercape.org

****Katelynn’s Closet
Katelynn’s Closet serves children ages 4-18 who are deemed in need and live on Cape Cod and the Islands. All orders for children in need must be placed by a social service agent or a school nurse. All emails must be sent through a verifiable agency/school email. We also serve fire victims, with requests coming from the fire department.

508-367-2587 www.katelynns-closet.org
# HEALTH

## Medical and Dental Services

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Cape Cod Children’s Place</strong></td>
<td>508-240-3310</td>
</tr>
<tr>
<td>Maternal depression resource, referrals</td>
<td><a href="http://www.capecodchildrenplace.com">www.capecodchildrenplace.com</a></td>
</tr>
<tr>
<td><strong>Cape Cod Healthcare</strong></td>
<td></td>
</tr>
<tr>
<td>Cape Cod Hospital</td>
<td>508-771-1800</td>
</tr>
<tr>
<td>Physician referrals, hospitals, clinics</td>
<td>877-227-3263</td>
</tr>
<tr>
<td><strong>Dental Hygiene Clinic</strong></td>
<td>508-362-2131 ext. 4371</td>
</tr>
<tr>
<td>at Cape Cod Community College</td>
<td><a href="http://www.capecod.edu/web/dental/clinic">www.capecod.edu/web/dental/clinic</a></td>
</tr>
<tr>
<td><strong>Ellen Jones Community Dental Center</strong></td>
<td>508-778-5400</td>
</tr>
<tr>
<td>Division of Harbor Health Services</td>
<td><a href="http://www.hhsi.us">www.hhsi.us</a></td>
</tr>
<tr>
<td>Free and sliding scale fee dentistry</td>
<td></td>
</tr>
<tr>
<td><strong>Healthy Connections</strong></td>
<td>508-255-1903</td>
</tr>
<tr>
<td>Information and enrollment in Mass Health and other programs &amp; services</td>
<td><a href="http://www.outercape.org">www.outercape.org</a></td>
</tr>
<tr>
<td><strong>Health Care for All</strong></td>
<td>800-272-4232</td>
</tr>
<tr>
<td>Help line for healthcare and insurance</td>
<td><a href="http://www.hcfama.org">www.hcfama.org</a></td>
</tr>
<tr>
<td><strong>MassHealth / Medicaid</strong></td>
<td>800-841-2900</td>
</tr>
<tr>
<td>Children’s Medical Security Plan, CommonwealthCare; Health Safety Net</td>
<td><a href="http://www.mass-health-insurance.org">www.mass-health-insurance.org</a></td>
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<tr>
<td><strong>Outer Cape Health Services</strong></td>
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<tr>
<td>Community health centers, sliding fee scale</td>
<td><a href="http://www.outercape.org">www.outercape.org</a></td>
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<tr>
<td>Wellfleet, Route 6</td>
<td>508-349-3131</td>
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<tr>
<td>Provincetown, 49 Harry Kemp Way</td>
<td>508-487-9395</td>
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<tr>
<td>Harwich, 269 Chatham Road</td>
<td>508-432-1400</td>
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<tr>
<td><strong>Poison Control Center</strong></td>
<td>800-222-1222</td>
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<td><a href="http://www.poison.org">www.poison.org</a></td>
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<tr>
<td><strong>Smoking Cessation</strong></td>
<td>800-784-8669</td>
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<td><a href="http://www.makesmokinghistory.org">www.makesmokinghistory.org</a></td>
</tr>
<tr>
<td><strong>Visiting Nurse Association (VNA)</strong></td>
<td>800-631-3900</td>
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<tr>
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<td><a href="http://www.vnacapecod.org">www.vnacapecod.org</a></td>
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General Helplines

Cape & Islands Breastfeeding Warm line 888-890-2229

Child Support Enforcement – Mass DOR 508-771-2414 ext. 3
www.mass.gov/dor/child-support

Mass 211
A free 24/7 resource to locate services
211

Parents Helping Parents Group
stress hotline 800-632-8188
parentshelpingparents.org

St. Vincent de Paul helpline
Food, clothing, emergency funds 508-255-8080

Massachusetts State Legislators

Lower Cape
(Current as of Sept. 2016)
Call Elizabeth Aldred at the Cape Cod Children’s Place for updated information at 508-240-3310

Senator Dan Wolf (Lower and Outer Cape & other Cape Towns) 508-775-0162
State House, Room 511C; Boston, MA 02133 617-722-1570
Email: daniel.wolf@masenate.gov (fax) 617-722-1271

Representative Tim Whelan (Parts of Brewster, Dennis, Yarmouth) 617-722-2014
State House, Room 39, Boston, MA 02133 (fax) 617-626-0542
Email: timothy.whelan@mahouse.gov

Representative Sarah Peake (Chatham, Harwich, part of Brewster, Orleans, Eastham, Provincetown, Truro, Wellfleet) 508-487-5694
State House Rm. 195, Boston, 02133 617-722-2090
Email: sarah.peake@mahouse.gov (fax) 617-722-2848

https://malegislature.gov