

The Lower Cape Family Resource Guide

Sponsored by the Lower Cape Early Childhood Council

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This guide is compiled and produced by Cape Cod Children's Place
in June 2013, with support from the
Nauset Public Schools Quality Kindergarten Grant.

Early Childhood Licensed Education & Care

For information updates, subsidies, and vouchers, call:

Cape Cod Children's Place 508-240-3310
10 Ballwic Road, P.O. Box 1935 800-871-9535
N. Eastham, MA 02651 www.capecodchildrensplace.com

Child Care Network of the Cape and Islands 508-778-9470
372 North Street 888-530-2430
Hyannis, MA 02601 www.childcarenetwork.cc

Cape Cod Child Development Program 508-775-6240
83 Pearl Street 800-974-8860
Hyannis, MA 02601 www.cccdp.org

MA Dept. of Early Education and Care (EEC) 617-988-6600
51 Sleeper Street www.mass.gov/edu/birth-grade-12/early-education-and-care
Boston, MA 02210

EEC Regional Office: 508-828-5025
1 Washington Street, Suite 20
Taunton, MA 02780

BREWSTER:

The Family Schools/Brewster Day Camp 508-896-6555
3570 Main Street www.thefamilyschools.com
Brewster, MA 02631 2 months – 5 years, Sept.-June
2 months - 13 years, summer

The Laurel School 508-896-4934
1436 Long Pond Road www.laurel-school.org
Brewster, MA 02631 2.9 years – 5 years ,Sept-June
15 months-13 years - summer

Owl Moon Child Care 508-240-3500 ext. 1128
383 S. Orleans Road 2.9 – 5 years year-round
Brewster, MA 02631

YMCA Child Care
at Stony Brook Elementary School
884 Underpass Road
Brewster, MA 02631

774-323-3286
1 mo.-5 years year-round
www.ymcacapecod.org

CHATHAM:

Monomoy Regional School District
Chatham Integrated Preschool
At Chatham Elementary School
147 Depot Rd.,
Chatham, MA 02633

508-945-5135
ext. 212
2.9 - 5 years Sept. - June

Rocking Unicorn
1762 Main St., PO Box 1509
W. Chatham, MA 02669

508-945-0611
www.therockingunicorn.com
2.9 - 5 years Sept.-June.

EASTHAM:

Cape Cod Children's Place
10 Ballwic Rd,
N. Eastham, MA 02651

508-240-3310
800-871-9535
www.capecodchildrensplace.com
2 months - 6 years year-round

HARWICH:

A Child's Wonderland
35 Rt. 137,
Harwich, MA 02645

508-432-4400
www.childswonderland.com
2.9 - 5 years year-round

Cape Tech Preschool
351 Pleasant Lake Ave.,
Harwich, MA 02645

508-432-4500 ext. 231
www.capetech.us
2.9 - 5 years Sept-June

Children's Center
115 Sisson Rd.,
Harwichport, MA 02646

508-432-0152
2.6 - 5 years year-round
www.hech.org

Make Way For Kids
At Harwich Elementary School
263 South Street
Harwich, MA 02645

508-430-1692
2.9 - 5 years

Monomoy Regional School District
Harwich Integrated Preschool
263 South St.,
Harwich, MA 02645

508-430-7216
2.9 -5 years

My School
257 Main St.,
W. Harwich MA 02671

508-432-5358
1 month - 6 years year-round

NAUSET DISTRICT:

Nauset Integrated Preschool
(classrooms at several schools)
100 Lawrence Rd.,
Wellfleet MA 02667

508-349-2553
www.nausetschools.org
2.9 - 5 years Sept.-June

ORLEANS:

Learning Garden
63 Hopkins Ln.,
Orleans, MA 02653

508-255-7328
2.9 - 5 years Sept.-June
limited summer program

Meeting House Preschool
162 Main St.,
E. Orleans, MA 02643

508-255-8793
2.9 - 5 years
Sept. - June

WELLFLEET:

Wellfleet Montessori Preschool
100 Lawrence Rd.,
Wellfleet MA 02667

508-349-6252
2.9 - 5 years Sept.-June

Cape Cod Children's Place Sea Babies
@ Wellfleet C.O.A.
715 Old King's Highway,
Wellfleet MA 02667

508-349-3052
www.capecodchildrensplace.com
1 month - 3 years, year-round

TRURO

Truro Central School Preschool
317 Rte. 6, PO Box 2029,
Truro, MA 02666

508-487-1558
www.truromass.org
3 - 5 years Sept.-June

PROVINCETOWN:

Provincetown Preschool & Wee Care
Mayflower Place
Provincetown, MA 02657

508-487-5000
www.provincetown-ma.gov
2 mos.- 5 years year-round

Licensed Home Day Care Providers

Listed alphabetically within each town

This list of licensed family childcare providers in the 8 towns from Harwich to Provincetown is compiled by the Cape Cod Children's Place, providing information and referral to Lower/Outer Cape families.

This list is for information only, and subject to change.

BREWSTER:

Kristine Taylor 508-896-6549
18 Ebenezer Ln.
Brewster, MA 02631

CHATHAM

Heather Hellstrom 508-430-0859
11 Cockle Cove Rd. 508-274-9203
S. Chatham, MA 02659

HARWICH

Sharon Bunting 508-432-3048
271 Church St.
Harwich, MA 02645

Brigette Carty 508-432-9448
132 Queen Anne Rd.
Harwich, MA 02645

Janice Clark 508-432-1678
10 Captain's Ln.
Harwich, MA 02645

Jen Gould 508-432-8776
40 Bell's Neck Rd.
W. Harwich, MA 02671

Kerrie Greene 508-430-7442
15 Ryder Rd.
N. Harwich, MA 02645

Amanda Holm 508-432-4652
253 South St.
Harwich, MA 02645

Roberta Laffey 508-432-0843
16 Elliott Way
E. Harwich, MA 02645

Meaghan Smith 508-430-7274
2 Cindy's Ln.
Harwich, MA 02645

Sheila Thomas 508-432-0918
4 Kimberley Way
E. Harwich, MA 02645

Tina Varricchio 508-685-3553
26 Restabit Rd.
Harwich, MA 02645

Jackie Watson 508-432-4276
1734 Orleans Rd.
Harwich, MA 02645

ORLEANS

Sherri Baker 508-255-7559
140 Baker's Pond Rd.
Orleans, MA 02653

Dawn Davis 508-240-0102
21 Tonset Rd. 508-237-4030
Orleans, MA 02653

Leigh Peters 774-316-4020
31 Nickerson Road
Orleans, MA 02653

EASTHAM

Nancy Ambrose 508-255-1937
PO Box 1169
N. Eastham, MA 02651

WELLFLEET

Patty Carreiro
40 Lt. Island Rd.
Wellfleet, MA 02667

508-349-0834

TRURO

Rudelle Falkenburg
PO Box 156
N. Truro, MA 02652

508-487-0888

Playgroups and Activities

For Playgroup information on the Lower Cape:

Cape Cod Children's Place 508-240-3310

www.capecodchildrensplace.com

or find us on Facebook

Online directory for family activities

www.capecodkidz.com

Town Libraries

Call for information on story hours and other children's activities

Cape Libraries Automated Materials Sharing www.clamsnet.org

Brewster:	www.brewsterladieslibrary.org	508-896-3913
Chatham:	www.eldredgelibrary.org	508-945-5170
Eastham:	www.easthamlibrary.org	508-240-5950
Harwich:	www.brooksfreelibrary.org	508-430-7562
Orleans:	www.snowlibrary.org	508-240-3760
Provincetown:	www.ptownlib.com	508-487-7094
Truro:	www.trurolibrary.org	508-487-1125
Wellfleet:	www.wellfleetlibrary.org	508-349-0310

Education

Local Public Elementary Schools

Brewster	www.nausetschools.org	
Stony Brook Elementary: (pre K-grade 2)		508-896-4545
Eddy Elementary (grades 3-5)		508-896-4531
Chatham Elementary		508-945-5135
www.chatham.k12.ma.us		
Eastham Elementary	www.nausetschools.org	508-255-0808
Harwich Elementary	www.harwich.edu	508-430-7216
Orleans Elementary	www.nausetschools.org	508-255-0380
Provincetown Schools		508-487-5020
	www.provincetownschools.com	
Truro Central School	www.truromass.org	508-487-1558
Wellfleet Elementary School	www.nausetschools.org	508-349-3101

Adult Education and Training

ACCESS (at CCCC)		508-362-2131
Adult Collaborative of Cape Cod for Education and Support Services		www.capecod.edu/web/access
Cape Cod Community College		508-362-2131
		www.capecod.edu
Cape Cod Regional Technical High School		508-432-8701
		www.capetech.us
Job Training & Employment Corp.		508-771-5627
		508-240-1900
		www.capecjobs.com

After School Child Care, Enrichment & Summer Programs

age 5 years & up

Eastham Committee on Early Childhood Eastham afterschool and summer program	508-240-6900 www.ececafterschool.com
Nauset Youth Alliance Brewster afterschool and summer program	508-896-7900 www.nausetyouthalliance.com
The Family School School Age Club Brewster Day Camp, Summer Program	508-896-6555 www.thefamilyschools.com www.brewsterdaycamp.com
Cape Cod Sea Camps, Summer Program	508-896-3451 www.capecodseacamps.com
Monomoy Community Services (Chatham) Afterschool and summer programs	508-945-1501 508-945-1117 www.monomoy.org
Monomoy Cooperative Learning Ctrs.	508-430-2355 ext. 2 www.monomoy.edu
Orleans After School Activities Program	508-240-1546
Pamet After School/Truro Recreation	508-487-1632 www.truro-ma.gov/recreation
Wellfleet Childcare Association (afterschool)	508-349-3101 ext. 41

Town Recreation Departments

Brewster	508-896-9430
Chatham	508-945-5175
Eastham	508-240-5974
Harwich	508-430-7553
Orleans	508-240-3785
Provincetown	508-487-1632
Truro	508-487-1632
Wellfleet	508-349-0330

Transportation

Cape Cod Regional Transit Authority:	800-352-7155
• DART (Dial A Ride Transportation)	www.capecodtransit.org
• Flex Bus (Lower/Outer Cape)	
• Hyannis Transportation Center	
• service to Boston hospitals	
• seasonal shuttle services	
Cape Cod Rail Trail - Bicycle Path	www.mass.gov/dcr/parks/southeast/ccrt.htm
Helping our Women	508-487-4357
Transportation & financial resources for women Eastham-Provincetown	www.helpingourwomen.org
Plymouth and Brockton Bus Line	508-746-0378
	www.p-b.com

Nature & the Arts

BREWSTER:

Cape Cod Museum of Natural History	508-896-3867
Cape Repertory Theatre	508-896-1888
Town information	www.town.brewster.ma.us

CHATHAM:

Creative Arts Center	508-945-3583
Monomoy Theater	508-945-1589
Chatham Drama Guild	508-945-0510
Town information	www.town.chatham.ma.us

EASTHAM:

Salt Pond Visitor Center-C.C. Nat'l Seashore	508-255-3421
Town information	www.eastham-ma.gov

HARWICH:

Harwich Junior Theater	508-432-2002
Town information	www.harwichma.com

ORLEANS:

Academy of Performing Arts
Town information

508-255-5510
www.town.orleans.ma.us

PROVINCETOWN:

Provincelands Visitor Ctr-C.C. Nat'l Seashore
Town information

508-487-1256
www.town.provincetown.ma.us

TRURO:

Castle Hill Center for the Arts
Payomet Performing Arts Center
Town information

508-349-7511
508-487-5400
www.truro-ma.gov

WELLFLEET:

Audubon Society
Wellfleet Harbor Actors Theater (WHAT)
Town information

508-349-2615
508-349-9428
www.town.wellfleet.ma.us

Playgrounds

BREWSTER:

Drummer Boy Park, Rte 6A
Eddy Elementary School,
2298 Main St.

CHATHAM:

Chatham Playground,
Depot Rd

EASTHAM:

Eastham Elementary School,
Schoolhouse Rd.

HARWICH:

Wiley Park, Herringbrook Rd.
Harwich Elementary School,
South St.

ORLEANS:

Brooks Park Playground
Make Way for Kids,
Harwich High School
Orleans Elementary School,
Eldredge Pkwy
Eldredge Park,

PROVINCETOWN:

Route 28 & Eldredge Pkwy
East End Playground,
Bradford & Howland Sts.
West End Playground,
Bradford & Nickerson Sts

TRURO

Puma Park,
Library Ln off Rt 6
Baker's Field Playground
Kendrick Ave.

WELLFLEET:

Family Support Services

Alanon	508-394-4555
Alcoholics Anonymous	508-775-7060
Cape Cod Children's Place Family Support Program Parent Education & support groups Free consultations, referrals, information	508-240-3310 800-871-9535 www.capecodchildrensplace.com
Cape Cod Child Development: Early Intervention Assessments & services, birth to 3 yrs. Teen Parent Program	508-775-6240 800-974-8860 www.cccdp.org
Catholic Social Services	508-771-6771
Child & Family Services of Cape Cod Counseling, therapy, support	800-576-9444 www.Child-FamilyServices.org
Child Care Network Child care resources & referrals	508-778-9470 888-530-2430 www.childcarenetwork.cc
Children's Cove Services for child victims of sexual abuse and family members	508-375-0410 888-863-1900 www.childrenscove.org
Family Continuity Program Supportive services for families	508-862-0273 www.familycontinuity.org
Harwich Family Resource Center	508-430-1692
Healthy Families Parent Program for Teen Parents	508-540-2968 www.healthimperatives.org
Holistic Families of Cape Cod Playgroup, discussion group, social events	508-360-4840 stevensonjb@hotmail.com
HopeHealth bereavement groups, Kids Grieve Too grief support, pediatric care	800-642-2423 508-957-0200 www.hopehealthco.org
Independence House Cape Cod's Resource Center for Victims & Survivors of Domestic Violence & Sexual Assault	508-771-6507 800-439-6507 www.independencehouse.com

John A. Henry Trust Services For Provincetown families with children ages 0-18	508-240-3310 800-871-9535 www.capecodchildrensplace.com
La Leche League Gabrielle Hathaway	508-240-0853 508-237-8786 508-945-1501 www.monomoy.org
Monomoy Community Services Services for Chatham residents	508-775-0275 www.mspcc.org
MSPCC (Mass. Society for the Prevention of Cruelty to Children) support services for families with young children	
Parents Professional Advocacy League	866-815-8122 www.ppal.net
Provincetown Family Resource Provincetown families with children 0-18	800-871-9535 508-240-3310
WE CAN - services for women in transition legal clinics, mentoring, divorce support	508-430-8111 www.wecancenter.org

Disabilities Resources

Alliance for the Mentally Ill information on Cape resources	508-778-4277 www.nami.org/sites/capecod
Cape Organization for the Disabled Advocacy group for the disabled	508-775-8300 800-541-0282 www.cilcapecod.org
Federation for Children with Special Needs information, referrals to services	800-331-0688 www.fcsn.org
Sight Loss Services Information, referrals, adaptive aids outreach, support groups	508-394-3904 800-427-6842 www.jwen.com/sls
Disability Law Center	800-872-9992 www.dlc-ma.org

Massachusetts State Legislators

Lower Cape (Current as of June 2013)

Call Elizabeth Aldred at the Cape Cod Children's Place for updated information at 508-240-3310

Senator Dan Wolf (Lower and Outer Cape & other Cape Towns) 508-775-0162
617-722-1570
State House, Room 511C; Boston, MA 02133 (fax) 617-722-1271
Email: daniel.wolf@masenate.gov

Representative Cleon Turner (part of Brewster, Dennis, part of Yarmouth) 617-722-2090
(fax) 617-626-0542
State House Rm. 540, Boston, 02133
Email: cleon.turner@mahouse.gov

Representative Sarah Peake (Chatham, Harwich, part of Brewster, Orleans, Eastham, Provincetown, Truro, Wellfleet) 508-487-5694
617-722-2090
(fax) 617-722-2848
State House Rm. 195, Boston, 02133
Email: sarah.peake@mahouse.gov

Food, Clothing & Emergency Funds

A Baby Center 508-772-8157
Basic items, children birth-3 www.ababycenter.org

Cape Cod Children's Place 508-240-3310
information on childcare funds, food, 800-871-9535
referrals www.capecodchildrensplace.com

Department of Transitional Assistance 508-862-6600
cash assistance, SSI, employment supports www.mass.gov/dta

Fuel Assistance Program 508-778-0870
Emergency assistance for fuel/heat www.sscac.org

The Family Food Pantry 508-432-6519
www.thefamilypantry.com

Harwich Family Resource Center 508-430-1692

Homeless Prevention Council 508-255-9667
Financial aid, referrals, information 877-349-6962
www.homelessonline.org

Legal Services for Cape & Islands

legal advice to low-income people

800-742-4107

www.usattorneylegalservices.com

Lower Cape Outreach Council

Financial assistance for emergency needs
Food pantries, Katy’s Corner free shop

508-240-0694

www.lcoutreach.org

Mass-APEAL

Free shop 2393 Cove Corner, Wellfleet

508-349-1173

Mustard Seed Kitchen

meals prepared & delivered on Outer Cape

508-349-2049

Soup Kitchen in Provincetown (SKIP)

10 Shankpainter Rd., Provincetown

508-487-8331

Thrift Shops: call Cape Cod Children’s
Place for a local list

508-240-3310

WIC (Women, Infants, and Children)

Appointments available in Chatham,
Harwich, Orleans, Provincetown, Wellfleet

800-675-1188

www.outercape.org

HEALTH

Medical and Dental Services

Cape Cod Children’s Place

maternal depression resource, referrals

508-240-3310

www.capecodchildrenplace.com

Cape Cod Healthcare

Cape Cod Hospital

Physician referrals, hospitals, clinics

www.capecodhealth.org

508-771-1800

877-227-3263

Dental Hygiene Clinic

at Cape Cod Community College

508-362-2131 ext. 4371

www.capecod.edu/web/dental/clinic

Ellen Jones Community Dental Center

Division of Harbor Health Services

free and sliding scale fee dentistry

508-778-5400

www.hhsi.us

Healthy Connections

information and enrollment in Mass Health
and other programs & services

508-255-1903

www.outercape.org

Health Care for All help line for healthcare and insurance	800-272-4232 www.hcfama.org
MassHealth / Medicaid Children’s Medical Security Plan CommonwealthCare Health Safety Net	800-841-2900 www.mass-health-insurance.org
Outer Cape Health Services community health centers, sliding fee scale Wellfleet, Route 6 Provincetown, 49 Harry Kemp Way Harwich, 269 Chatham Road	www.outercape.org 508-349-3131 508-487-9395 508-432-1400
Poison Control Center	800-222-1222 www.poison.org
Smoking Cessation	800-784-8669 www.makesmokinghistory.org
Visiting Nurse Association (VNA)	800-631-3900 www.vnacapecod.org

General Helplines

Cape & Islands Breastfeeding Warm line	888-890-2229
Child Support Enforcement – Mass DOR	508-771-2414 ext. 3 www.mass.gov/dor/child-support
Mass 211	211
Parents Helping Parents Group stress hotline	800-632-8188 parentshelpingparents.org
St. Vincent de Paul helpline Food, clothing, emergency funds	508-255-8080