

The Lower Cape Family Resource Guide

Sponsored by the Lower Cape Early Childhood Council

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This guide is compiled and produced by Cape Cod Children's Place
Updated September 2016

Early Childhood Licensed Education & Care

For information updates, subsidies, and vouchers, call:

Cape Cod Children's Place
10 Ballwic Rd., P.O. Box 1935
N. Eastham, MA 02651

508-240-3310
800-871-9535
www.capecodchildrensplace.com

Child Care Network of the Cape and
Islands
372 North St.,
Hyannis, MA 02601

508-778-9470
888-530-2430
www.childcarenetwork.cc

Cape Cod Child Development
Program
83 Pearl St.,
Hyannis, MA 02601

508-775-6240
800-974-8860
www.cccdp.org

Harwich Family Resource Center
263 South St.,
Harwich, MA 02645

508-430-1692
fjoseph@monomoy.edu

MA Dept. of Early Education and
Care (EEC)
51 Sleeper Street 4th floor
Boston, MA 02210

617-988-6600
[www.mass.gov/edu/birth-grade-12/
early-education-and-care](http://www.mass.gov/edu/birth-grade-12/early-education-and-care)

EEC Regional Office:
1 Washington Street, Suite 20
Taunton, MA 02780

508-828-5025

BREWSTER:

The Family Schools/Brewster Day
Camp
3570 Main St.,
Brewster, MA 02631

508-896-6555
www.thefamilyschools.com
2 months – 5 years, Sept.-June
2 months - 13 years, summer

The Laurel School
1436 Long Pond Rd.,
Brewster, MA 02631

508-896-4934
www.laurel-school.org
15 months – 5 years ,Sept-June
15 months-13 years - summer

Owl Moon Child Care
383 S. Orleans Rd.,
Brewster, MA 02631

508-240-3500 ext. 1128
2.9 – 5 years year-round

YMCA Child Care
at Stony Brook Elementary School
884 Underpass Rd.,
Brewster, MA 02631

508-362-6500 ext. 135
774-323-3286
1 mo.-5 years year-round
www.ymcacapecod.org

CHATHAM:

Monomoy Regional School District
Chatham Integrated Preschool
At Chatham Elementary School
147 Depot Rd.,
Chatham, MA 02633

508-945-5135
ext. 212
3 - 5 years Sept. - June

Rocking Unicorn
1762 Main St., PO Box 1509
W. Chatham, MA 02669

508-945-0611
www.therockingunicorn.com
2.9 - 5 years Sept.-June.

EASTHAM:

Cape Cod Children's Place
10 Ballwic Rd.,
N. Eastham, MA 02651

508-240-3310
800-871-9535
www.capecodchildrensplace.com
8 wks - 5 years year-round

HARWICH:

A Child's Wonderland
35 Rt. 137,
Harwich, MA 02645

508-432-4400
www.childswonderland.com
2.9 – 5 years year-round

Cape Tech Preschool
351 Pleasant Lake Ave.,
Harwich, MA 02645

508-432-4500 ext. 231
www.capetech.us
2.9 - 5 years Sept-June

Children's Center
115 Sisson Rd.,
Harwichport, MA 02646

508-432-0152
2.6 – 5 years year-round
www.hech.org

Holy Trinity Preschool
245 Main St.,
W. Harwich MA 02671

508-432-8216
www.holytrinitypreschoolcapecod.org

Make Way For Kids
263 South St.,
Harwich, MA 02645

508-430-1692
3 – 5 years
full year

Monomoy Regional School District
Harwich Integrated Preschool
263 South St.,
Harwich, MA 02645

www.monomoy.edu
508-430-7216
3 - 5 years

My School
257 Main St.,
W. Harwich MA 02671

508-432-5358
1 month - 6 years year-round

NAUSET DISTRICT:

Nauset Integrated Preschool
(classrooms at several schools)
200 Schoolhouse Rd.,
Eastham, MA 02642

508-255-2903
www.nausetschools.org
2.9 - 5 years Sept.-June

ORLEANS:

Learning Garden
63 Hopkins Ln.,
Orleans, MA 02653

508-255-7328
2.9 - 5 years Sept.-June
limited summer program

Meeting House Preschool
162 Main St.,
E. Orleans, MA 02643

508-255-8793
2.9 - 5 years Sept – June
www.fedchurchorleans.org/preschool

The Partnership School of Cape Cod
17 Nell's Way
Orleans, MA 02653

774-801-2287
2.9-12 years Sept-June
w/ summer program
www.thepartnershipschool.org

WELLFLEET:

Wellfleet Montessori Preschool
100 Lawrence Rd.,
Wellfleet MA 02667

508-349-6252
2.9 - 5 years Sept.-June
www.wellfleetmontessori.com

Cape Cod Children's Place Sea Babies
@ Wellfleet C.O.A.
715 Old King's Highway,
Wellfleet MA 02667

508-349-3052 or 508-240-3310
www.capecodchildrensplace.com
1 month - 3 years, year-round

TRURO

Truro Central School Preschool
317 Rte. 6, PO Box 2029,
Truro, MA 02666

508-487-1558
www.truromass.org
3 - 5 years Sept.-June

PROVINCETOWN

Provincetown Preschool & Wee Care
Mayflower Place
Provincetown, MA 02657

508-487-5260
www.provincetown-ma.gov
2 mos.- 5 years year-round

Licensed Family Child Care Providers

Listed alphabetically within each town

This list of licensed family child care providers in the 8 towns from Harwich to Provincetown is compiled by the Cape Cod Children's Place, providing information and referral to Lower/Outer Cape families.

This list is for information only, and subject to change.

BREWSTER:

Christina Beaulieu
57 Katherine's Ln.,
Brewster, MA 02631

Chooses not to list phone no.

Kristine Taylor
18 Ebenezer Ln.,
Brewster, MA 02631

508-896-6549

HARWICH

Sharon Bunting
271 Church St.,
Harwich, MA 02645

508-432-3048

Janice Clark
10 Captain's Ln.,
Harwich, MA 02645

508-432-1678

Jenn Gould
40 Bell's Neck Rd.,
W. Harwich, MA 0267

508-432-8776

Roberta Laffey
16 Elliott Way
E. Harwich, MA 02645

774-368-0802

Jackie Watson
1734 Orleans Rd.,
Harwich, MA 02645

508-432-4276

ORLEANS

Dawn Davis
21 Tonset Rd.,
Orleans, MA 02653

508-240-0102
508-237-4030

Leigh Peters
31 Nickerson Rd.,
Orleans, MA 02653

774-722-3796

Nicole White
257 Rt. 6A, Unit D
Orleans, MA 02653

508-737-4414

EASTHAM

Kim Radke
205 Queen Ann Drive
Eastham, MA 02642

774-207-0419

WELLFLEET

Patty Carreiro
40 Lt. Island Rd.,
Wellfleet, MA 02667

508-349-0834
www.mylittleislandpreschoolprogram.com

Playgroups and Activities

For Playgroup information on the Lower and Outer Cape

Cape Cod Children's Place
www.capecodchildrensplace.com

508-240-3310
find us on Facebook

Connect on Facebook for these sites:

Cape Cod Moms
Cape Cod Activities/Events for children
Lower Cape Mom Group (Playgroups and events calendar)
Macaroni Kid Cape Cod MA

Town Libraries

Call for information on story hours and other children's activities

Cape Libraries Automated Materials Sharing	www.clamsnet.org
Brewster Ladies Library 1822 Main Street	508-896-3913 www.brewsterladieslibrary.org
Chatham: Eldredge Library 564 Main Street	508-945-5170 www.eldredgelibrary.org
Eastham Public Library 190 Samoset Road	508-240-5950 www.easthamlibrary.org
Harwich: Brooks Free Library 739 Main Street	508-430-7562 www.brooksfreeibrary.org
Orleans: Snow Library 67 Main Street	508-240-3760 www.snowlibrary.org
Provincetown Public Library 356 Commercial Street	508-487-7094 www.provincetownlibrary.org
Truro Public Library 5 Library Lane	508-487-1125 www.trurolibrary.org
Wellfleet Public Library 55 West Main Street	508-349-0310 www.wellfleetlibrary.org

Education

Local Public Elementary Schools

Brewster*	www.nausetschools.org	508-896-4545 508-896-4531
Stony Brook Elementary: (pre K-grade 2)		
Eddy Elementary (grades 3-5)		
Chatham Elementary**	www.monomoy.edu	508-945-5135
Eastham Elementary*	www.nausetschools.org	508-255-0808
Harwich Elementary**	www.monomoy.edu	508-430-7216
Orleans Elementary*	www.nausetschools.org	508-255-0380
Provincetown Schools	www.provincetownschools.com	508-487-5020
Truro Central School	www.truromass.org	508-487-1558
Wellfleet Elementary *	www.nausetschools.org	508-349-3101

**Brewster, Eastham, Orleans & Wellfleet form the Nauset Regional District*

***Chatham & Harwich form the Monomoy Regional District*

Adult Education and Training

ACCESS (at CCCC)	508-362-2131
Adult Collaborative of Cape Cod for Education and Support Services	www.capecod.edu/web/ access
Cape Cod Community College	508-362-2131 www.capecod.edu
Cape Cod Regional Technical High School	508-432-8701 www.capetech.us
Job Training & Employment Corp.	508-771-5627 508-240-1900 www.capejobs.com

After School Child Care, Enrichment & Summer Programs

age 5 years & up

Eastham Committee on Early Childhood Eastham afterschool and summer program	508-240-6900 www.ececafterschool.com
Nauset Youth Alliance Brewster afterschool and summer program	508-896-7900 www.nausetyouthalliance.com
The Family School Brewster Day Camp, Summer Program	508-896-6555 www.thefamilyschools.com www.brewsterdaycamp.com
Cape Cod Sea Camps, Summer Program	508-896-3451 www.capecodseacamps.com
Monomoy Community Services (Chatham) Afterschool and summer programs	508-945-1501 508-945-1117 www.monomoy.org
Monomoy Cooperative Learning Ctrs. (Harwich)	508-430-2355 ext. 2 www.monomoy.edu
Orleans After School Activities Program	508-240-1546
Pamet After School/Truro Recreation	508-487-1632 www.truro-ma.gov/recreation
Wellfleet Childcare Association (afterschool)	508-349-3101 ext. 41
Wellfleet Audubon Society	508-349-2615 www.massaudubon.org

Town Recreation Departments

Brewster	508-896-9430
Chatham	508-945-5175
Eastham	508-240-5974
Harwich	508-430-7553
Orleans	508-240-3785
Provincetown	508-487-7097
Truro	508-487-1632
Wellfleet	508-349-0330

Transportation

Cape Cod Regional Transit Authority

800-352-7155

Hyannis Transportation Center

www.capecodtransit.org

- DART (Dial A Ride Transportation)
- Flex Bus (Lower/Outer Cape)
- PT 1 transport (Mass Health)
- service to Boston hospitals
- seasonal shuttle services

Cape Cod Rail Trail - Bicycle Path

www.mass.gov/dcr/parks/southeast/ccrt.htm

Helping Our Women

Transportation & financial resources for women
Eastham-Provincetown

508-487-4357

www.helpingourwomen.org

Plymouth and Brockton Bus Line

508-746-0378

www.p-b.com

Nature & the Arts

BREWSTER:

Cape Cod Museum of Natural History

508-896-3867

Cape Repertory Theatre

508-896-1888

Town information

www.town.brewster.ma.us

CHATHAM:

Creative Arts Center

508-945-3583

Monomoy Theater

508-945-1589

Chatham Drama Guild

508-945-0510

Town information

www.town.chatham.ma.us

EASTHAM:

Salt Pond Visitor Center-C.C. Nat'l Seashore

508-255-3421

Town information

www.eastham-ma.gov

HARWICH:

Harwich Junior Theater

508-432-2002

Town information

www.harwichma.com

ORLEANS:

Academy of Performing Arts
Town information

508-255-5510
www.town.orleans.ma.us

PROVINCETOWN:

Provincelands Visitor Ctr-C.C. Nat'l Seashore
Town information

508-487-1256
www.town.provincetown.ma.us

TRURO:

Castle Hill Center for the Arts
Payomet Performing Arts Center
Town information

508-349-7511
508-487-5400
www.truro-ma.gov

WELLFLEET:

Audubon Society
Wellfleet Harbor Actors Theater (WHAT)
Town information

508-349-2615
508-349-9428
www.town.wellfleet.ma.us

Playgrounds

BREWSTER:

Drummer Boy Park, Rte 6A
Eddy Elementary School,
2298 Main St.
Stony Brook Elementary School
Underpass Rd.

CHATHAM:

Chatham Playground,
Depot Rd

EASTHAM:

Eastham Elementary School,
Schoolhouse Rd.

HARWICH:

Wiley Park, Herringbrook Rd.
Harwich Elementary School,
South St.

ORLEANS:

Brooks Park Playground
Make Way for Kids,
Harwich Elementary School
Orleans Elementary School,
Eldredge Pkwy

PROVINCETOWN:

Eldredge Park,
Route 28 & Eldredge Pkwy
East End Playground,
Bradford & Howland Sts.

TRURO

West End Playground,
Bradford & Nickerson Sts

WELLFLEET:

Puma Park,
Library Ln off Rt 6
Baker's Field Playground
Kendrick Ave.
Wellfleet COA – 715 Old Kings

Family Support Services

Alanon

A program of recovery for the families and friends of alcoholics

508-394-4555

Alcoholics Anonymous

508-775-7060

Barnstable County Human Services

Plans, develops, and coordinates regional solutions to Cape Cod's most pressing health and human service issues.

www.barnstable.ma.networkofcare.org

Cape Cod Children's Place Family Support Program

Parent Education & support groups
Free consultations, referrals, information

508-240-3310

800-871-9535

www.capecodchildrensplace.com

Cape Cod Child Development: Early Intervention

Assessments & services, birth to 3 yrs.

Teen Parent Program

508-775-6240

800-974-8860

www.cccdp.org

Catholic Social Services

508-771-6771

Cape Cod Shelter & Domestic Violence Services

The Cape Cod Center for Women is the Cape and Islands' only 24/7 emergency shelter for women and children escaping domestic violence

Emergency# 508-564-7233

Non emergency 774-763-2222

cccfw@capecodshelter.org

Cape Cod Family Resource Center

offers family support services, family partners, clinical assessments, referrals, and school support service

508-815-5100

www.capecodfamilyresourcecenter.org

Cape Cod Neighborhood Support Coalition

The Family Support Information Line is a free and confidential way for families to receive information about resources and referrals to health and human services, including parent education and support

508-771-4336

888-992-2672

www.capecoalition.com

Child & Family Services of Cape Cod

Counseling, therapy, support

800-576-9444

www.Child-FamilyServices.org

CIGSYA - Cape & Islands Gay & Straight Youth Alliance	508-778-7744 cigsya.org
Child Care Network Child care resources & referrals	508-778-9470 888-530-2430 www.childcarenetwork.cc
Children's Cove Services for child victims of sexual abuse and family members	508-375-0410 888-863-1900 www.childrenscove.org
Dept. of Transitional Assistance Cash assistance, SSI, employment supports	508-862-6600 www.mass.gov/dta
Family Continuity Program Supportive services for families	508-862-0273 www.familycontinuity.org
Gosnold Substance abuse and mental illness facility	800-444-1554 www.gosnold.org
Harwich Family Resource Center Partners with Outer Cape WIC, offers food, diapers, books, resources for parents.	508-430-1692
Healthy Children's Center for Breastfeeding Breastfeeding support for mothers and babies on the Cape & Islands	508-888-7794 www.healthychildren.cc
Healthy Families Parent Program for Teen Parents	508-540-2968 www.healthimperatives.org
Holistic Families of Cape Cod Playgroup, discussion group, social events	check Facebook (closed group)
HopeHealth bereavement groups, Kids Grieve Too grief support, pediatric care	800-642-2423 508-957-0200 www.hopehealthco.org
Independence House Cape Cod's Resource Center for Victims & Survivors of Domestic Violence & Sexual Assault	508-771-6507 800-439-6507 www.independencehouse.com
Institute for Health & Recovery help with substance use or mental health issues	617-661-3991

John A. Henry Trust Services

For Provincetown families with children
ages 0-18

508-240-3310

800-871-9535

www.capecodchildrensplace.com

LGBTQ Resource Library

@Cape Cod Children’s Place

Books for children & adults

508-240-3310

www.capecodchildrensplace.com

Monomoy Community Services

Services for Chatham residents

508-945-1501

www.monomoy.org

Mothers Helping Mothers

Support group for women struggling with the emotional
difficulties associated with addiction and recovery during
the pregnant and postpartum phases of life

[774-392-0446](tel:774-392-0446) or [508-209-7533](tel:508-209-7533)

**MSPCC (Mass. Society for the
Prevention of Cruelty to Children)**

Support services for families with young
children

508-775-0275

www.mspcc.org

Parenting On The Other Side

Support for families and caregivers impacted
by addiction

508-240-3310

www.capecodchildrensplace.com

Parents Professional Advocacy League

866-815-8122

www.ppal.net

PFLAG of Cape Cod – Parents, families,
friends of Lesbians, Gays, Bisexuals,
Transgenders, Queers & Questioning

508-255-5476

www.pflagcapecod.org

Provincetown Family Resource

Provincetown families with children 0-18

800-871-9535

508-240-3310

WE CAN - services for women in transition
legal clinics, mentoring, divorce support

508-430-8111

www.wecancenter.org

Disabilities Resources

Alliance for the Mentally Ill

information on Cape resources

508-778-4277

www.nami.org/sites/capecod

Cape Cod Challengers

For children and adults with physical and/or developmental disabilities

508-420-6950 x 36

www.capecodchallenger.org

Cape Organization for the Disabled

Advocacy group for the disabled
Free services for all types of disabilities

508-775-8300

800-541-0282

www.cilcapecod.org

Federation for Children with Special Needs

information, referrals to services

800-331-0688

www.fcsn.org

Kennedy Donovan Center

supports people with developmental delays, disabilities or family challenges

508-772-1200

www.kdc.org

Sight Loss Services

Information, referrals, adaptive aids
outreach, support groups

508-394-3904

800-427-6842

www.jwen.com/sls

Disability Law Center

800-872-9992

www.dlc-ma.org

Food, Clothing & Emergency Funds

A Baby Center

Basic items, children birth-3

508-772-8157

www.ababycenter.org

Cape Cod Children's Place

information on childcare funds, food, referrals

508-240-3310

800-871-9535

www.capecodchildrensplace.com

Department of Transitional Assistance

cash assistance, SSI, employment supports

508-862-6600

www.mass.gov/dta

Fuel Assistance Program

Emergency assistance for fuel/heat

508-778-0870

www.sscac.org

The Family Food Pantry	508-432-6519 www.thefamilypantry.com
Harwich Family Resource Center	508-430-1692
Homeless Prevention Council Financial aid, referrals, information	508-255-9667 877-349-6962 www.homelessonline.org
Legal Services for Cape & Islands legal advice to low-income people	800-742-4107 www.usattorneylegalservices.com
Lower Cape Outreach Council Financial assistance for emergency needs Food pantries, Katy's Corner free shop	508-240-0694 www.lcoutreach.org
Mass-APEAL Free shop 2393 Cove Corner, Wellfleet	508-349-1173
Mustard Seed Kitchen meals prepared & delivered on Outer Cape	508-349-2049
Soup Kitchen in Provincetown (SKIP) 10 Shankpainter Rd., Provincetown	508-487-8331
South Coastal Counties Legal Services 460 W. Main St. Hyannis	508-775-7020 Mon.-Thurs. 9am-1pm
WIC (Women, Infants, and Children) Appointments available in Harwich, Orleans, Provincetown	508-240-0853 800-675-1188 www.outtercape.org

******Katelynn's Closet**

Katelynn's Closet serves children ages 4-18 who are deemed in need and live on Cape Cod and the Islands. All orders for children in need must be placed by a social service agent or a school nurse.. All emails must be sent through a verifiable agency/school email. We also serve fire victims, with requests coming from the fire department.

508-367-2587 www.katelynns-closet.org

HEALTH

Medical and Dental Services

Cape Cod Children's Place

maternal depression resource, referrals

508-240-3310

www.capecodchildrenplace.com

Cape Cod Healthcare

Cape Cod Hospital

Physician referrals, hospitals, clinics

www.capecodhealth.org

508-771-1800

877-227-3263

Dental Hygiene Clinic

at Cape Cod Community College

508-362-2131 ext. 4371

www.capecod.edu/web/dental/clinic

Ellen Jones Community Dental Center

Division of Harbor Health Services

free and sliding scale fee dentistry

508-778-5400

www.hhsi.us

Healthy Connections

information and enrollment in Mass Health
and other programs & services

508-255-1903

www.outercape.org

Health Care for All

help line for healthcare and insurance

800-272-4232

www.hcfama.org

MassHealth / Medicaid

Children's Medical Security Plan

CommonwealthCare; Health Safety Net

800-841-2900

www.mass-health-insurance.org

Outer Cape Health Services

community health centers, sliding fee scale

Wellfleet, Route 6

Provincetown, 49 Harry Kemp Way

Harwich, 269 Chatham Road

www.outercape.org

508-349-3131

508-487-9395

508-432-1400

Poison Control Center

800-222-1222

www.poison.org

Smoking Cessation

800-784-8669

www.makesmokinghistory.org

Visiting Nurse Association (VNA)

800-631-3900

www.vnacapecod.org

General Helplines

Cape & Islands Breastfeeding Warm line	888-890-2229
Child Support Enforcement – Mass DOR	508-771-2414 ext. 3 www.mass.gov/dor/child-support
Mass 2 1 1 A free 24/7 resource to locate services	211
Parents Helping Parents Group stress hotline	800-632-8188 parentshelpingparents.org
St. Vincent de Paul helpline Food, clothing, emergency funds	508-255-8080

Massachusetts State Legislators

Lower Cape

(Current as of Sept. 2016)

Call Elizabeth Aldred at the Cape Cod Children's Place for updated information at 508-240-3310

Senator Dan Wolf (Lower and Outer Cape & other Cape Towns) 508-775-0162
617-722-1570
State House, Room 511C; Boston, MA 02133 (fax) 617-722-1271
Email: daniel.wolf@masenate.gov

Representative Tim Whelan (Parts of Brewster, Dennis, Yarmouth) 617-722-2014
(fax) 617-626-0542
State House, Room 39, Boston, MA 02133
Email: timothy.whelan@mahouse.gov

Representative Sarah Peake (Chatham, Harwich, part of Brewster, Orleans, Eastham, Provincetown, Truro, Wellfleet) 508-487-5694
617-722-2090
(fax) 617-722-2848
State House Rm. 195, Boston, 02133
Email: sarah.peake@mahouse.gov

<https://malegislature.gov>

