

All Dads and Father Figures are encouraged to register for this supportive group facilitated by Paul Melville.

## HELD THE SECOND TUESDAY OF THE MONTH FROM 6:30PM-7:30PM



STUDIES SHOW THAT CHILDREN GROW UP HAPPIER WITH NURTURING FATHERS IN THEIR LIVES:

• TAKE TIME FOR YOURSELF AND HEAR HOW OTHERS ARE COPING AS CAREGIVERS OF CHILDREN AND FAMILIES.

CREATE YOUR OWN "TOOLBOX" FOR EFFECTIVE PARENTING BY GAINING

SKILLS FOR HANDLING CHALLENGING BEHAVIORS. CALMING STRESS AND LEARNING

EFFECTIVE COMMUNICATION AND

POSITIVE DISCIPLINE STRATEGIES FOR RAISING HEALTHY CHILDREN.

Pre-registration is required. To receive a Zoom link, email info@capecodchildrensplace.com

or call Cape Cod Children's Place at (508)-240-3310.

This programming is funded by Family Continuity and a SAFE Child Communities grant through the Children's Trust & a CFCE grant from the MA Dept. of Early Education and Care. It is administered by Cape Cod Children's Place and Family Continuity's Cape Cod and Nantucket Family Resource Center.







Department of Early Education and Car