



## “Baby’s First Year”

*For parents & caregivers with their infants, ages birth – 1 year*

**Every Wednesday in January ~ 11 am – 12 pm**

**Playgroup and Support Group**

*Zoom or In person stroller walks ~ weather permitting*

*Join parent and family support specialist, Ali Burns to connect with other new parents. Share stories, ask questions, and get familiar with resources that support caregivers and their babies.*

*Guest speakers will be invited on a variety of topics related to parenting, with discussions related to the various developmental stages during your baby’s first year of life.*

*Register to gain access to stroller walk locations and Zoom link*

*To Register: [info@capecodchildrensplace.com](mailto:info@capecodchildrensplace.com) or call 508-240-331*

*For more information call or visit our Facebook Page & website  
[capecodchildrensplace.com](http://capecodchildrensplace.com)*

*This programming is funded by a SAFE Child Communities grant through the Children’s Trust and a Coordinated Family and Community Engagement (CFCE) grant from the MA Dept. of Early Education and Care, administered by the Cape Cod Children’s Place.*

