



# Fall Program Calendar - Sept to Dec 2021

## Parent Child Activities

*Programs are in person unless otherwise noted with limited space due to health guidelines to assure safety*

### Mondays

- Let's Speak Spanish!** 9:30-10:30am Harwich location; 9/27-11/8 *with Claudia*  
**Music & Movement** 1:30-2:30pm Hyannis Library; 9/20, 10/18, 11/15 *with Ellen*  
**Tyke PreK Creative Movement** 11am-noon Wellfleet Preservation Hall; 9/20-11/15 *with Daniela*  
**Baby Stroller Walks** 9:30-10:15am Truro Cultural Council program; 9/20-10/18 *with Daniela*  
**Nature Hike Warriors** 9:30-10:15am Wellfleet Cultural Council program; 10/25-11/15 *with Daniela*

### Tuesdays

- Toddler Town** 10:30-11:30am Brewster Baptist Church playground; weekly 9/14-11/23 *with Lucy*  
**Tasty Tuesday Cooking with Puppets** 10:30-11am virtual; 9/14-11/16 *with Mary*  
**Tyke PreK Creative Movement** 11-11:45am Orleans; 9/14-11/2 *with Daniela*  
**Mindfulness in Nature** 9:30-10:15am Brewster Cultural Council program; 9/28-10/19 *with Daniela*  
**Little Naturalists** 1-2pm Long Pasture Audubon Sanctuary; 9/14-11/16 *with Ellen*  
**Kindergarten Play & Share!** 3:30-4:30pm virtual with kit; 9/21-11/16 *with Lucy*

### Wednesdays

- Baby's First Year** 10-11am Snow Library (outdoors), Orleans; *weekly with Ali*  
**Kids' Movement Jamboree** 10-11am Johnny Kelley Park, S. Dennis; 9/15-11/3 *with Britt*  
**Read & Play** 10:30-11:30am Eastham Library (outdoors); 9/15-11/17 *with Lucy*

### Thursdays

- Nature Story & Craft** 10-11am Johnny Kelley Park, S. Dennis; 9/16-11/18 *with Jill*  
**Kids' Movement Jamboree** 10-11am Whelden Library, W. Barnstable; 9/16-11/4 *with Britt*  
**Kindergarten Play & Share!** 10:30-11:30am virtual with kit; 9/23-11/18 *with Lucy*  
**Tyke Hikes** 12:45-1:45pm Mass Audubon Wellfleet Bay Wildlife Sanctuary; 9/16-11/4 *with Lucy*

### Fridays

- Muddy Buddies** 9:30-10:30am Dennis Cultural Council program; 9/17-11/8 *with Haley*  
**Terrific Toddlers** 10-11am Dennis Public Library (outdoors); 9/17-11/19 *with Mary*  
**Chicka Chicka Zoom Zoom** 11-11:30am virtual; 11/5-12/17 *with Lucy*  
**Fun on the Farm** 11-12pm; 9/17-11/5 *various locations with Ellen*

### Saturdays

- Lego Time with Dad** 10-11am virtual; 10/9-10/29, *4 week series with Justin*  
**Loose Parts** 10-11am Orleans Cultural Council program; 9/18, 9/25, 10/2, *various locations with Sue*  
**Dad & Me** 12-1pm; 9/25, 10/16, 11/13, *various locations with Tomas and Mary*  
**STEM Saturdays with Miss Mary** 2-3pm Hyannis Public Library, 9/25, 10/16, 11/13, 12/14 *with Mary*



## **Parent Education & Support**

*virtual unless otherwise noted*

**Dads in Recovery** 6pm monthly, 2nd & 4th Tuesday; *to register email CapeDadsGroup@gmail.com*

**Nurturing Fathers Parenting Series** 13-week series starts in November

**Sensational Chats** 6:30-7:30pm monthly, 3rd Tuesday (9/21, 10/19, 11/16, 12/21) *with Melissa Alves*

**Dads' Talk** 5:30-6:30pm monthly, 2nd Tuesday (9/14, 10/12, 11/9) *with Paul Melville*

**Parent Café** 10-11am 10/25; Orleans location in person *with Cindy and Carol*

**Positive Discipline** 6-7:30pm virtual series, **in Spanish**; Wednesdays, (10/20-12/1) *with Cindy and Marly*

**Raising Healthy Families** 6-7:30pm 6 week series, Thursdays, (10/21-12/9) *with Cindy and Mary*

**Speech & Language Series** 5:30-6:30pm 3-week workshop, (9/28, 10/5, 10/12) *with Jennifer Watson*

**Raising Healthy Boys** 6-7:30pm 10/26, 12/15; Snow Library in person & virtual *with Cindy*

**Toilet Training 101** 6-7pm 11/1 *with Carol*

**Grief Workshop** 6-7:30pm 11/2; at Snow Library in person *with Ali Burns*

**The Road Less Traveled** 7-8pm monthly, 3rd Tuesday; complex medical diagnoses *with Mary Wilson/Laura Will*

### **Programs below are for First Steps Together Participants**

**WRAP (Wellness Recovery & Assistance in Parenting)** 9:30am Mondays

**Rise** 6-7pm, Mondays, Peer Support Group for women affected by substance use disorders

**Mindful Parenting** 9:30am Wednesdays; Strategies to incorporate mindfulness in your parenting

***Pre-registration required for all programs by calling 508-240-3310***

***Website: [www.capecodchildrensplace.com](http://www.capecodchildrensplace.com)***

***Facebook: Cape Cod Children's Place***

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