



Parent Cafes are **HERE!** In Spanish

Led by Claudia Berbeo and Monica Montoya

Jan 13, Feb 10, March 10, April 14
8 - 9 pm - virtual

We know that communities are resilient and wise and that in the safe space created by Parent Cafés we will come together to support and assist one another by building community, navigating parenting challenges, and finding resources.

We invite parents and caregivers to come together to discuss, listen, and learn about topics most caregivers experience, with topics guided by those who attend.

BUILD THE VILLAGE!

- HOW ARE WE MANAGING GETTING NEEDS MET?
- FAMILY LIFE: RESILIENCY AND STRATEGIES USED
- INTEGRATING INTO CAPE COD LIFE
- NUTRITION AND MEAL PLANNING

Register today by calling (508) 240-3310 for the Zoom link

Visit our Facebook Page & website capecodchildrensplace.com

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