



~ Jan-March 2023 Program Calendar ~

Registration required for all programs: Contact CCCP at 508-240-3310. Serving ages 0-8

Family Activities

Mondays:

Baby's First Year, 11 am-noon; w Ali, weekly 9/12-June; Snow Library, Orleans; ages birth-1

Tot Time: Infant/Toddler Playgroup, 9:30-10:30 am; 1/30-3/13, (skip 2/20); Hyannis, 0-3

Mindfulness in Nature, 9:30-10:15 am; 1/23-3/20 (skip 2/20); Brewster location, ages 2-5

Tykes Creative Movement, 11:15 am-12 pm; 1/23-3/20; w Daniela, Chatham, ages 2-5

Puppet Playgroup, 10:30-11:30 am; 1/9-1/30; w Mary, Centerville library, ages 2-5

Puppet Playgroup, 10:00-11:00 am; 2/6-3/6 (skip 2/20); w Mary, Chatham, ages 2-5

Music & Movement, 1:30-2:30 pm, monthly; 1/30, 2/27, 3/27; Hyannis, outdoor play, all ages

Tuesdays:

Little Naturalists, 1:30-2:30 pm; 1/31-3/28 (skip 2/21); Long Pasture Audubon, ages 3-5

Art StART, 10-11 am; 2 sessions, 1/17-2/7 & 2/28-3/21; w Alex, Harwich Port, ages 2-5

Science Arts, 10:30-11:30 am; 3/7-3/28; w Lucy, Chatham Community Center, ages 3-5

Infant Massage, 10:30-11:30 am; 1/17-2/14; w Julie Campbell, Centerville, ages 0-12 mos

Pajama Playgroup, 5:30-6:30 pm; 1/10-2/14; w Lucy, Harwich Community Center, ages 3-5

Multicultural Lunch Bunch Group, 11am-12; 1/17-2/14 & 2/28-3/14; Yarmouth, ages 3-5



Wednesdays:

Terrific Toddlers, 10-11 am; 1/11-3/15 (skip 2/22); w Mary, Dennis Public Library, ages 1-3

Baby Yoga, 11:15 am-12 pm; 3/1-4/5; w Daniela, S Yarmouth Library, 2 mos to pre-walking

Kids Movement Jamboree, 10-11 am; 1/11-2/15; w Britt, S Yarmouth Library, ages 2-5

Eastham Read & Play, 10:30-11:30 am; 1/11-3/29; w Lucy, Eastham Library, ages 2 - 4

Kind Kids: Raising Happy, Healthy, Connected Kids, 9:30am-10:30am;
1/18-2/15 & 3/1-3/29; two 5 week sessions with Daniela, Barnstable farm location, ages 2-6

Book & Cook, 5:30-6 pm; 1/11-2/15; virtual, with a kit & Chef Tomas, ages 3-8

Thursdays:

Story & Project, 10-11 am; 1/12-3/16 (skip 2/23); w Jill, Dennis Public Library, ages 3-5

Harwich Open Gym, 10-10:45 am; 1/12-3/30 (skip 2/23); w Daniela, Harwich, ages 0-5

Harwich Circle Time, 11:15 am-12:15 pm; 1/12-3/30 (skip 2/23); w Lucy, Harwich, ages 0-5

Fridays:

Pre-K Explorers, 10:30-11:30 am; 3/3-3/31; w Andrea, Harwich Conservation trails, ages 2-5

Learn with Less: Play, Talk, Sing, Move! 10:30-11:30; 3/3-3/24; Harwich, ages 0-12 mos

Toddler Town! 10:30-11:30; 1/6-3/31 (skip 2/24); w Lucy at Brewster Ladies Library, ages 0-3

Intergenerational Music and Movement, 10-11am; 1/13-2/17; Dennis Senior Center, 2-5

Saturdays:

Little Brazilians, 10-11 am; 1/21- 2/11; w Vanessa, Health Ministry, Hyannis, ages 2-7

Dad & Me, 1-2 pm; monthly 1/21, 2/11, 3/25; various community locations, ages 2-8

STEM Storytime, 2-3 pm; monthly 1/21, 2/11, 3/18; Hyannis Public Library, ages 2-8

Stories, Suds and Songs, 10-11 am; 1/7, 1/14, 1/21 at Star Laundromat, Dennis, ages 3-5



Family Education, Workshops & Support (for adults)

Family Education Series

Raising Healthy Families: 6-7:30 pm, two 6-week series, Tues 1/10-2/14 and 2/28-4/4 with Cindy Horgan and Carol Biondi

Positive Discipline: in English, 10-11:30 am, Tues 1/10-2/14, 6-week series with Ali Burns and Carol Biondi

Positive Discipline: in Spanish, 6-7:30 pm, Weds 3/29-5/10 (skip 4/19), 6-week series with Marly Pereda and Cindy Martin

Nurturing Fathers' Program: 6-7:30, Weds, 1/5-3/29, 13 week series with Jack Miller and Dan Schwartzman

Workshops

Parenting with Puppets, 6-7:30, 3 evening series, 1/31, 2/7, 2/14 with Mary Wilson of Pitter Patter Puppets

Raising Healthy Boys: What Boys Need, 6-7:30 pm, 2/9 with Cindy Horgan

Support Groups

Dads' Talk: 6:30-7:30 pm, monthly 2nd Tuesday; 1/10, 2/7, 3/7 with Paul Melville

Dads in Recovery: 6 pm, Tues; Meet with Danny Rodrigues on 2nd & 4th Tues; Join peer support group 1st & 3rd. Register CapeDadsGroups@gmail.com or 774-722-3305

Sensational Chats: 6:30-7:30 pm, monthly 3rd Tuesday; 1/17, 2/28, 3/21 with Melissa Alves, pediatric OT and Carol Biondi

The Road Less Traveled: 7-8 pm, monthly 3rd Tuesday; 1/17, 2/28, 3/22; support for families of children with complex medical diagnoses, with Mary Wilson and Laura Will

