



April-June 2023 Program Calendar

Family Activities

Mondays:

Baby's First Year, 11 am-noon, weekly through June; with Ali, Snow Library, Orleans; birth-1

Peaceful Babes Yoga Playgroup, 9:30-10:15 am, 4/3-6/5; Truro Community Center, 2-5

Peaceful Babes Yoga Playgroup, 11 am-12pm, weekly, 4/3-6/5; w Jenya, Wellfleet Pres Hall,

Puppet Playgroup, 10:00-11:00 am, 5/22-6/26 (skip 5/29 & 6/19); w Mary, Eastham Library, 2-5

Get Outside, 9:30-10:30 am, 4/24- 5/22; explore trails with author Lissy Perna, DY area, 0-8

Music & Movement, 1:30-2:30 pm, monthly; 4/10, 5/8, 6/12, w Ellen, Hyannis Play Oasis, 0-8

Family Yoga and Mindfulness, 4-5 pm, 4/24-5/22, Yarmouth location; with Jenya, ages 4-8

Tuesdays:

Little Naturalists, 1:30-2:30 pm, 4/4-5/30, (skip 4/18); Long Pasture Audubon, ages 3-5

Art StART, 10-11 am, two sessions: 3/28- 4/25 & 5/9-5/30; with Alex, Harwich Port, ages 3-5

Toddlers' Tuesday Playground, 10-11 am, 5/2-6/6; with Sue Gubbins, Dennis, ages 1-2

Eldredge Park Playgroup, 10:30-11:30 am, 4/11-5/30; w Lucy and friends, Orleans, ages 0-6

Stories, Suds and Songs, 4-5 pm, 4/4, 4/11, 4/25; at Star Laundromat, Dennis, ages 4-7

Wednesdays:

Kids Movement Jamboree, 10-11 am, 4/26-6/14; w Britt, S Dennis location, ages 2-5

Book & Cook, 5:30-6 pm, two sessions, 4/5-5/3 & 5/17-6/14, **virtual**; with Chef Tomas, 3-8

Nature Art, 10-11 am, 4/5/23-4/26, Barnstable location; with Mary Wilson, ages 2-8

Baby Sign Language Basics, 10-10:45 am, 5/17-6/7; virtual with Kelly, parents & kids 0-16 mos

Wiley Park Playgroup, 10:30-11:30 am, 4/12-5/31; with Lucy and friends, Eastham, ages 0-6

Thursdays:

Kids Movement Jamboree, 10-11 am, 4/27-6/15; with Britt, Whelden Library, ages 2-5

Babies in Backpacks, 1:30-2:15 pm, 4/27-5/25; w Ellen and Long Pasture naturalist, 0-12 mos

Little Artists at PAAM, 10:30-11:30 am, 4/6-5/11; with Camila, Provincetown art studio, 2-5

Truro Playground Playgroup, 10:30 am-11:30 am; weekly, 4/6-6/15; with Becca, 0-6

Story & Project, 10-11 am, 4/13-6/22, Dennis Public Library; with Jill Silva, ages 2-5

Brooks Park Playgroup, 11-12 pm, 4/13-5/25; with Lucy and friends, Harwich, ages 0-6

Fridays:

Learn with Less: For Toddlers! 10-11 am,; 5/5-5/26 w Jen at FRC in Hyannis, ages 1-3 yrs

Peaceful Babes Yoga Playgroup, 10:30-11:30 am, 4/7-6/15; Chatham Community Center

Peaceful Babes Yoga Playgroup, 1-2 pm, weekly, 4/7-6/15; Snow Library, Orleans, 2-5

Stories, Suds and Songs, 10-11 am, 5/12, 5/19, 5/26; Star Laundromat, Dennis, ages 2-5

Little Scientists, 10-11 am, 5/19-6/30; Flax Pond with Mary Wilson, ages 2-5

Tides-Toys-Tranquility, 5:30-6:30 pm, 5/5,5/19, 6/2, Family Fun on Brewster flats, w Haley, 0-8

Saturdays:

Little Brazilians, 10-11 am, 3/25-4/15; with Vanessa, Health Ministry, Hyannis, ages 2-7

Dad & Me, 1-2 pm, monthly, 4/29, 5/20, 6/10; various community locations, ages 3-8

Lego Time with Dad, 10:30-11:30 am, 4/15-5/4; Eastham Library with Justin, 8 family limit, 3-7

Get Outside, 10-11 am, two sessions, 4/1-4/15 & 5/4-5/20; explore trails with Lissy Perna, 0-8

STEM Storytime, 10:30-11:30 am, monthly 4/29, 5/13, 6/10; Hyannis Public Library, ages 2-8

Sundays:

Sunday Funday: The Great Artdoors, 10:30-11:30 am, 4/16-5/7 w Haley, Brewster, ages 2-5

April 1, Family Fun Fair, Orleans Elementary School. Free children's activities and family resources provided, 10 am-12pm. Family Dance Party in the Gym 12-1 with DJ Tommy Tuttle.

Screen Free Week- May 1-7; Activities offered every afternoon, 4-5 pm, in D-Y locations.
May 5- Call to sign up for the "take home" Cinco de Mayo Mexican Dinner from Family Table Collaborative in Yarmouth. Call Cape Cod Children's Place at 508-240-3310.

Parenting Education, Workshops & Support (for adults)

Parenting Education Series (virtual)

Raising Healthy Families, 6-7:30 pm, 6 week series, Thursdays, 4/27-6/1 with Cindy Horgan

Positive Discipline: in Spanish, 6-7:30 pm, 6-week series, Wednesdays, 3/29-5/10 (skip 4/19) with Marly Pereda and Cindy Martin

Workshops

Technicool: Keeping Kids Safe on the Internet, 4/3, 6-7:30, **virtual**; with Children's Trust trainer, Tammy Bernardi

Keeping Kids Safe: Safety Conversations, 6-7:30 pm, **virtual**; 4/13 with Jacob Stapledon from Children's Cove and Cindy Horgan from Cape Cod Children's Place

Kindergarten Readiness Prep Series, 6-7 pm, **virtual**, four evenings by district speakers, 5/23, 5/30, 6/6, 6/13 from Monomoy, Nauset, Dennis-Yarmouth and Barnstable schools

Get Ready for Kindergarten Puppet Show with "Puppets Paul and Mary", 6/29, 4:30-5:30 pm

Support Groups

Dads' Talk: 6:30-7:30 pm, monthly, Tuesdays; 4/11, 5/9, 6/6, **virtual**, with Paul Melville

Dads in Recovery: 6 pm, Tues; Meet with Danny Rodrigues on 2nd & 4th Tues; Join peer support group 1st & 3rd. Register CapeDadsGroups@gmail.com or 774-722-3305

Sensational Chats: 6:30-7:30 pm, monthly, Tuesday; 4/25, 5/23, 6/13, **virtual** with Melissa Alves, pediatric OT

The Road Less Traveled: 7-8 pm, monthly, Tuesdays, 4/25, 5/23, 6/13; **virtual** support for families of children with complex medical diagnoses, with Mary Wilson and Laura Will

Contact CCCP at 508-240-3310 to register or for more details. Serving ages 0-8

