



Winter 2023 Program Calendar

Registration required for all programs: Contact CCCP at 508-240-3310

Family Activities

Mondays:

Baby's First Year,	11am-12:00 weekly, Snow Library, Orleans, ages birth to 1
Sensational Storytime,	10-11:00am, 2/26 - 3/25, Hyannis Library, Hyannis, ages 2 – 4
Puppet Playgroup,	10:30-11:30am, 1/8 – 2/5, Eastham Library, Eastham, ages 2 – 5
Peaceful Babes,	1:30-2:30pm, 1/22 - 2/12, Snow Library, Orleans, ages 2-5
Infant Massage,	10:30-11:30am, 1/22 – 2/12, South Yarmouth Library, ages birth - 12 months (older siblings are welcome)

Tuesdays:

Story and Project,	10:00-11:00am, 1/9 – 3/12, Dennis Public Library, ages 2- 5
Music & Movement,	10:30-11:30am, 2/27- 3/26, Centerville Library, ALL ages welcome
Stories, Suds, and Songs,	10:00-11:00am, 1/2, 2/6, 3/6, STAR Laundromat, ages 1-5
Book & Cook,	5:30-6pm, 1/16 – 2/13, ZOOM, ages 2-6
From Swaddles to Sleep Sacks; A Pediatric Sleep Group	10:30-11:30am, 1/16 – 2/13, Family Resource Center, Hyannis, ages birth-4 years old

Wednesdays:

Terrific Toddlers,	10-11am, 1/10 – 3/13, Dennis Public Library, Dennis, ages 1-2
Ready-Set-Go Playgroup,	10:30-11:30am, 1/10 – 3/6, South Yarmouth Library, ages 2-5
Harwich Circle Time,	10:30-11:30am, 1/17 – 3/13, Harwich Community Center, ages 2- 5
Infant Massage,	1-2pm, 2/28 – 3/27, Centerville Library, ages 0-12 months
Kids Movement Jamboree,	10:00-11:00a, 1/10 – 1/31, Flax Pond Rec, Yarmouth, ages 2-5
Multicultural Lunch Bunch,	10-11am, 2/7 – 2/28, Family Table Collaborative, Yarmouth, ages 2-5
Multicultural Supper Club,	4:15-5:15pm, 2/7 – 2/28, Family Table Collaborative, Yarmouth, ages 4 -8

Thursdays:

Harwich Open Gym,	9:30-10:45am, 1/4 – 3/28, Harwich Community Center Gym, 0-5yrs
ArtStART,	10:30-11:30am, 2/29 – 3/21, Dot to Dot Workshop, HarwichPort, ages 3-6

Fridays:

Brewster Library Toddler Town,	10:30-11:30am, 1/5 – 3/29, Brewster Ladies Library, 0-3 yr
Toddlers Nursery Rhyme Playtime,	9:30-10:30am, 1/19–2/16, Family Resource Center, Hyannis, ages 18 months – 2.9 years
Intergenerational Music & Movement,	10-11am, 1/12 – 2/9, Dennis Center for Active Living, ages 1 – 5 with a parent/and or grandparent
Sensory Playgroup,	10:30-11:30am, 1/19 – 3/8, Eastham Library, Eastham, ages 2-5

Saturdays:

STEM Saturdays: Fun & Facts,	10-11am, 1X/month, 1/13, 2/17, 3/16 Toy Library, Barnstable, ages 0-6
Little Brazilians,	10-11am, 1/27 - 2/17, Health Ministry, Hyannis, ages 2-6

Parenting Education, Workshops & Support (for adults)

Parenting Education Series (virtual)

Raising Healthy Families: Thursdays, 6:00-7:30pm, 1/11 – 2/15, on ZOOM

Positive Discipline: in Spanish, Wednesdays, 6:00-7:30 pm, 3/27 – 5/8, on ZOOM

Nurturing Fathers: Tuesdays, 6:00-7:30pm, 1/9 – 4/2, ZOOM

Workshops

Pediatric Sleep Solutions: A Guide to establishing good sleep habits: Wednesdays, 7-8pm, 1/31, 2/7 and 2/14, on ZOOM

Support Groups

Dads' Talk: 6:30-7:30 pm, monthly 2nd Tuesday; 6:30-7:30pm, 1/9, 2/13, and 3/12, ZOOM

Dads in Recovery: 6 pm, Tues; meet with Danny Rodrigues on 2nd & 4th Tues; join peer support group 1st & 3rd. Register CapeDadsGroups@gmail.com or 774-722-3305

Sensational Chats: 6:30-7:30pm, 1/16 and 3/19, on ZOOM

The Road Less Traveled: Tuesdays, 7:00-8:00PM, 1X/month, (SKIP Jan) 2/13, 3/12, on ZOOM

