



Spring 2024 Program Calendar

Registration required for all programs: Contact CCCP at 508-240-3310

Family Activities

Mondays:

- Baby's First Year,** 11am-12:00pm weekly, Snow Library, Orleans, ages birth to 1
- Peaceful Babes Yoga,** 1:30-2:30pm, 4/22 – 5/20, Snow Library, Orleans, ages 1.5 – 5
- Puppet Playgroup,** 10-11am, 5/6 – 6/3, Chatham Community Center, ages 1.5 – 5
- Music and Movement Monthly,** 1-2pm, 4/22, 5/20 & 6/10, Hyannis Play Oasis, all ages welcome
- Ready for Summer,** 10-11am, 6/3 – 6/17, locations in Dennis, Yarmouth & Brewster, ages 0-5
- Get Outside DY,** 10-11am, 4/22 – 5/20, trails around Dennis, Yarmouth & Brewster, ages 0-5
- Nursery Rhyme Adventure & Storytime,** 10-11am, 4/22 – 5/20, Meetinghouse Farm, ages 2-5
- Music and Movement,** 10:30-11:15am, 4/29 - 5/20, Truro Community Center, ages 1-4

Tuesdays:

- Story and Project,** 10-11am, 4/9 – 6/11, Dennis Public Library, ages 2-5
- Baby Yoga,** 10:30-11:30am, 4/30 – 5/28, Centerville Public Library, ages birth to 1
- Little Naturalist at Long Pastures,** 2-3pm, 4/23 – 5/28, Mass Audubon Long Pastures, ages 2-6
- Book & Cook with Chef Tomas,** 5:30-6pm, 4/30 – 5/28, virtual, ages 2-6
- Eldredge Park Playgroup,** 10:30-11:30am, 4/2 – 5/28, Eldredge Park Playground, Orleans, ages 0-5
- Dad and Me Fishing!** 5:30-6:30pm, 5/7 – 5/21, camp *Dream Day on Cape Cod*, Brewster, ages 3-8

Wednesdays:

- Wiley Park Playgroup,** 10:30-11:30am, 4/3 – 5/29, Wiley Park Playground, Eastham, ages 0-5
- Ready-Set-Go,** 10:30-11:30am, 4/24 – 6/12, South Yarmouth Library, ages 2-5
- Stroller Walk,** 10-11am, 5/8 – 6/5, Meetinghouse Farm, West Barnstable, ages 0-2
- Kids Movement Jamboree,** 10-11am, 4/24 – 6/12, Johnny Kelley Park, Dennis, ages 2-5
- Sensory Mud Kitchen Playtime,** 11am-12pm, 5/1 – 5/29, Hyannis Play Oasis, ages 2-6

Thursdays:

- Brooks Park Playgroup,** 9:15-10:15am, 4/4 – 6/6, Brooks Park, Harwich, ages 0-6
- ArtStART,** 10-11am, 4/25 – 5/16, Dot to Dot Workshop, Harwich Port, ages 3-5
- Kids Movement Jamboree,** 10-11am, 5/9 – 6/6, Whelden Library, West Barnstable, ages 1.5-6
- Cuties in Carriers,** 9-10am, session #1: 4/25 – 5/16, Local Conservation Preserves, ages 0-1
9-10am. session #2: 5/30 – 6/27, Local Conservation Preserves, ages 0-1
- Pre-K Explorers,** 10:30-11:30am, session #1: 4/25 – 5/16, Local Conservation Preserves, ages 3-5
10:30-11:30am, session #2: 5/30 – 6/27, Local Conservation Preserves, ages 3-5
- BAAAaby yoga on the Farm,** 10:30-11:30am, 5/2 – 5/30, Bray Farm, Yarmouth, ages birth to 1

Fridays:

- Books, Balls, and Blocks,** 10:30-11:30am, 5/10 – 6/7, Wellfleet Library, ages 1-4
- Little Scientists,** 10-11am, 5/3 – 6/7, Flax Pond Recreation Area, ages 2-5
- Fun on the Farm Fridays,** 10-11am, 5/3 – 6/7, various locations around Barnstable, ages 2-5
- Play & Learn: A Supportive Pediatric Sleep Playgroup,** 10:30-11:30am, 4/26, 5/10 & 6/7,
Family Resource Center, ages 0-4

Other Community Events:

- Family Fun Fair,** 10am-1pm, Saturday, 4/6, Orleans Elementary School
- Screen Free Week,** 4:15-5:30pm, 5/6 - 5/10, activities offered every afternoon in various locations
- No Small Matter: Movie Screening,** 2-4pm, Sunday, 4/28, Cape Cinema, Dennis
- Kindergarten Readiness Speaker Panel,** 5/15, virtual
- Puppets, Paul & Mary go to Kindergarten!** 6/27, 4:30-5:30pm, KTJ Performing Arts Center at D-Y
Intermediate/Middle School

Parenting Education, Workshops & Support (for adults)

Parenting Education Series

Raising Healthy Families: Thursdays, 6:00-7:30pm, 5/2 – 6/6, virtual, with Cindy Horgan

Positive Discipline: in Spanish, Wednesdays, 6:00-7:30 pm, 3/27 – 5/8, virtual

Positive Discipline: Tuesdays, 10-11:30am, 4/23– 5/28, virtual

Workshops

Power of Speech: Tuesdays, 6-7pm, 5/14, 5/21 and 5/28, virtual, with Jennifer Watson

Support Groups

Dads' Talk: 6:30-7:30 pm, monthly, Tuesdays; 4/9, 5/14, and 6/4, virtual, with Paul Melville

Dads in Recovery: 6 pm, Tues; meet with Danny Rodrigues on 2nd & 4th Tues; join peer support group 1st & 3rd. Register CapeDadsGroups@gmail.com or 774-722-3305

Sensational Chats: 6:30-7:30pm, Tuesday, 5/21, virtual, with Melissa Alves

The Road Less Traveled: Tuesdays, monthly 12-1pm, 4/9, 5/7, and 6/4, virtual support for families of children with complex medical diagnoses, with Laura Will

