

VIRTUAL WOMENS SUPPORT GROUP

H.E.R.

HOLISTICALLY EMPOWERED RECOVERY

Heal ~ Grow ~ Connect

THURSDAY EVENINGS

6-7 PM

Email: diane@burningarrowyoga.com
To Receive Private Zoom Link

For more info on FIRST Steps Together
crussell@capecodchildrensplace.com

**FIRST STEPS
TOGETHER**
FAMILIES IN RECOVERY SUPPORT

