

Cape & Island Maternal Depression Task Force- Minutes-6/9/21-12pm

In attendance: Mary Wilson (Barnstable and D-Y CFCE, MDTF Coordinator), Valerie Pereira-Brown (Health Imperatives/WIC), Patty Watson (Cape Cod Children's Place), Lauren Melillo (Sandwich Partnership for Families/CFCE), Pauline Cronin (Nantucket Community School/CFCE), Kaitlyn Ellis (Postpartum Support Nantucket/PT), Meg Payne (VNA), Jennifer Randles (CA State University, Fresno), Ann Macdonald (Cape Cod Hospital), Terri Pacheco (Community Member), Julie Campbell (Lactation Counselor/Birth Educator), Susan Richards (Nantucket Community School), Olivia Harrington (Full Circle Doula Services), Jessie Colbert (MA PPD Fund), Sunny Daily (Nantucket Health Imperatives), Cindy Horgan (Cape Cod Children's Place), Aimee Facchini (Child & Family Therapist/Private Practice), Suzan Scharr (RN/Lactation Consultant/Support group leader)

- Welcome and Introductions
- **Report regarding the activities of the CC Healthcare Community Benefits grant:**

Suzan reported that Monday Breastfeeding Support group is struggling to gain participation and could still use some help spreading the word from the Task Force. She also stated that the Monday Support & Healing group is going well and continues to maintain at least 5 participants. They are not yet meeting in person but look forward to doing so at some point. Mary will send Task Force flyer again and suggested that perhaps some changes be made to include some of the topics that are covered in the group to market the group differently and hopefully attract more participants.

Mary reported that the postpartum doula program is going well. Mary thanked Aimee and her daughters for putting together the Baby Bags. Patty stated that the grant report will be due in September.

Ann mentioned that Cape Cod Hospital has included the flyers in the Injoy App. She said her virtual group numbers were down and thought it may be because people are looking for in-person groups now. Julie said she has been seeing a lot more families out and in-person and agreed with Ann that could be the case.

Meg said that they have been going out the flyers through the VNA.

- **Grant Opportunity through the Town of Falmouth:**
Patty stated that she still had not heard anything about the grant decision, but that the grant reviewers will probably have a decision in another month.
- **Speaker: Jennifer Randles, Ph.D.**
Jennifer shared her compelling and comprehensive research findings on diaper need and how it impacts the mother, child and family. Members were impressed with the findings and moved to discuss ways we can address diaper need in our communities. More discussion will take place on how to mobilize efforts and spread information about this important topic at the next Task Force meeting in September.
For more information, go to this link: <https://journals.sagepub.com/doi/10.1177/1536504217742395>

Next meeting Date: September 15, 2021 at 10am/Zoom-Link is forthcoming

Topics: Update on CCH Community Benefits Grant Activities and other grant initiatives and addressing the diaper needs of families on Cape Cod and the Islands

See attachments