



## **Maternal Depression Task Force-Agenda**

**9/15/21 10:30-11:30am**

### **Virtual Meeting- Minutes**

**In attendance:** Mary Wilson (Barnstable and D-Y CFCE, MDTF Coordinator), Valerie Pereira-Brown (Health Imperatives/WIC), Patty Watson (Cape Cod Children's Place), Cindy Horgan (Cape Cod Children's Place), Lauren Melillo (Sandwich Partnership for Families/CFCE), Pauline Cronin (Nantucket Community School/CFCE), Kathleen Ecker (Children's Cove), Ann Macdonald (Cape Cod Hospital), Barbara Prindle-Eaton (KDC/Early Intervention), Bethany Gay (Coalition for Children)

- **Introductions took place**
- **Cape Cod Healthcare Current Grant Status**
  - Support groups/Ma PPD Fund & Kelly Foundation funds helping to offset costs so that more funds can be directed to increasing Postpartum Doula visits through September
  - Baby Bags were distributed through the Cape-wide Baby Shower sponsored by the Cape & Islands United Way. Flyers for all CCH funded programs were included
  - Postpartum Doula Visits were highly successful and will be completed by the end of this month
  - Evaluations are being compiled for the report to CCH
- **Falmouth Human Services Grant Award-\$20K (Potential for 3 years)**
  - Postpartum Doula Visits-Monumental Beginnings (Oct-June/2 visits per week x 34 weeks)
  - Breastfeeding Support Group (in person/Falmouth)-Catherine Roy will facilitate (Oct-June/32 weeks)
  - Mental Health Consult-Aimee Faccini (2 hrs month x 12 months) will consult with Krista Sullivan and Catherine Roy around any concerns with participants for additional supports/referrals
  - Postpartum Working Group (virtual)-Need Task Force member support. Mary will oversee the group and will send out invites to everyone on the

**Task Force and Falmouth community partners. Bethany and Barbara offered to help with the PPD work group.**

**-PPD Professional Development (virtual)-Deborah Issokson, speaker-Need Task Force member support (Winter/Spring). Kathleen Ecker offered to assist in securing mental health CEU's. Aimee Facchini will also assist.**

- **Cape Cod Healthcare FY22 Grant Proposal-Submitted-Patty Watson**

- **Open Forum Discussion and Updates from Task Force Members**

**-Ann Macdonald is just returning to work. The lactation consultants at CC Hospital are now doing in person groups with an average of 5 mothers/babies per week. All other educational/support programs are virtual except lactation outpatient visits. She said she met a new interpreter who does spiritual interpreting in Portuguese and possibly Spanish too. They may be a good connector for the Task Force for supports for non-English speaking families.**

**-Barbara Prindle-Eaton said that Early Intervention visits are back to in-person with assessments and home visiting using a hybrid model. EI is extending telehealth visits with insurance coverage. EI is looking for space to hold visits on the Upper Cape. They are still hiring. Barbara will retire at the end of December.**

**-Pauline Cronin offered Barbara space for EI to perform visits at the Early Childhood Center on Nantucket for Nantucket residents. Their new Early Childhood Center hasn't opened just yet but will be hosting CFCE playgroups starting soon. She stated that there are no Childbirth Education classes being offered on the island anymore and that she sees services like this disappearing on Nantucket.**

**-Valerie Pereira-Brown stated that WIC is still doing virtual visits and that the number of clients is large. Employees are in the office 3 times per week. They are staying busy giving out resources. The number of families they are serving in Falmouth are going up. Support groups at WIC are virtual. She mentioned that Mass General has a Therapy/Clinical Program for Women specializing in Perinatal Reproductive Psychiatry. Their number is 617-724-7792.**

**-Cindy Horgan stated that there are a lot of programs being offered through Cape Cod Children's Place. There is a parent education series called "Raising Healthy Families" that will start at the end of October.**

**Marly Pereda, a staff person at CCCP, will be offering a “Positive Discipline” class in Spanish starting in October.**

**-Lauren Melillo has opened the Sandwich Partnerships for Families programs and they are almost full. Stroller fitness has more openings with a fitness instructor. She has confirmed program space at the Sandhill Community School and may be able to host Early Intervention there.**

**-Bethany Gay said she was excited to work on the Falmouth Human Services grant with the Task Force. The Falmouth Coalition office has moved to the Mullen Hall School in Falmouth. They may be able to help with space for Early Intervention. They have started the CFCE groups and are busy with waitlists. They are looking to serve more Parent-Child Plus families in Mashpee and Falmouth.**

**-Patty Watson said she was happy that CCCP got the Falmouth Human Services grant and that she will have the option to apply for a 2<sup>nd</sup> year on behalf of the Task Force and Cape Cod Children’s Place. She is currently writing a grant to Cape Cod Healthcare and is planning to link the Falmouth Human Services grant with that one for momentum in the work that is being done.**

- **Date for next meeting: Thursday, October 28<sup>th</sup> 10:30am-11:30am**

