



Nurturing Fathers Program – Winter Series 2023

What is the Nurturing Fathers' Program?

The Nurturing Fathers' Program is a 13-week group parenting program for men that helps fathers and father figures build and strengthen positive parenting attitudes and skills. Each meeting helps participants learn and practice proven, effective skills that promote both strong family relationships and healthy child development. The Nurturing Fathers Program has been successfully provided in a wide variety of child and family program settings across the country including Head Start programs, schools, counseling centers, child protection organizations, and more.

How will Participant Fathers Benefit from this Program?

By joining this program, participants will:

- Gain the knowledge, skills and tools they need to most effectively care for and nurture their children's healthy growth and development.
- Engage in weekly dynamic and group-based activities that promote best practices in parenting, selfcare, and healthy relationship development.
- Build their own self confidence and abilities to most effectively care for their children, themselves, and their family.

How Does the Nurturing Fathers' Program Work?

Participating fathers will convene in interactive group meetings (via Zoom), one time per week for 13 weeks. Meetings will be held in both presentation and discussion group formats. All participating dads will have opportunities to learn and talk about their thoughts and ideas which cover critical parenting topics such as, selfcare, relationship building, developing safe and effective discipline skills, balancing work and parenting needs. Certificates of completion will be provided to eligible candidates who complete the program according to guidelines set forth at the start of the program.

“Nurturing Fathers’ Program” Group

Join Us!

Wednesdays, January 4th through March 29th, 2023, 6-7:30 pm

All meetings will be held via Zoom format using the same zoom link each week.

Program Graduation will be held on Wednesday, March 29th, beginning at 6 pm.

**To register and access the zoom link call Cape Cod Children’s Place at 508-240-3310.
Visit our Facebook Page, IG account and website capecodchildrensplace.com for our quarterly
program calendars.**

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