



# cape cod children's place FAMILY NEWSLETTER

*for families and caregivers of children*

## Special Thanks!

THANK YOU! To **Carol Biondi** for all her amazing work as Groups Coordinator in the past 3 years. We wish her many happy times in the coming new chapter of her life....THANK YOU! To the **Family Table Collaborative** for hosting a successful gathering of our **SAFE Child** community partners in February, bringing together 30 agencies to discuss collaboration and plan the **SAFE CHILD Communities Resource Fair** to be held on April 26 .... THANK YOU! To **Kaylee Wallace** for the donation of **Bombas Socks** for children and adults who need them in our communities .... THANK YOU! To our **amazing teachers** at Cape Cod Children's Place for helping to bring the magic of early childhood to our classrooms every day ... THANK YOU! to our **community partners**, including all the individuals, groups, agencies and organizations who support us and our work with families in the community. These include longtime and more recent partners, including **Cape Associates, Seamen's Bank**, all the **libraries** that welcome our programs, **Health Ministry, Wellfleet Preservation Hall**, town **community centers**, and so many more. You all make our community a special place. THANK YOU!

## Celebrating 30 Years

This is a birthday year for Cape Cod Children's Place. Thirty years ago, in January 1993, a grant was awarded to support initial planning followed by construction of a regional center for children and families, to be located in Eastham. That fall, community meetings were held to invite input from parents and come up with a wish list of services and resources that the new center could include.

Nothing like the proposed organization had previously existed here, and the list of needs was long. Year-round care for children from infancy onwards; parenting classes; resources for families coping with substance use, domestic violence and other forms of trauma; family activities; access to food, diapers, tuition subsidies and other financial help... these were only some of the needs that parents expressed, asking for many supports that were missing in their lives.

By January of 1994, the meetings had produced a list of family priorities in three main categories: early education and care, support for parents, and activities to promote family well-being. People wanted this new organization to foster connections to our communities, provide opportunities for parents to sit with an experienced professional and develop a behavior management plan, offer trainings and workshops for early education professionals.

People attending the community meetings wanted all families to be treated with respect, regardless of income level. And they wanted to see coordination and communication among all existing resources, without duplication and competition.

Those meetings from 30 years ago set us on our way, creating a road map for the growth and development of Cape Cod Children's Place in the months and years to follow. The path wasn't a straight one and there were many twists and turns along the way, obstacles to be overcome as well as times of celebration. It wasn't possible to meet all the needs and there are still many gaps in the services that our families need. But we continue to work in collaboration with others to fill those gaps, as with the Common Start coalition, the Maternal Depression Task Force, and other initiatives.

Through the years, thanks to the hard work and commitment of many individuals and the steadfast support of our community, Cape Cod Children's Place has survived and thrived. We have stayed true to our original vision and we are still a grassroots organization. We are of, by, and for this community, and with your help and participation, we will continue to grow and develop in the years ahead.

Happy spring!

*Elizabeth Aldred*

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# Grants & Early Childhood Councils



## Grant Funding 2023 Fiscal Year

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### Multi-Year Government Grant Contracts

MA Children's Trust SAFE (Stop Abuse For Every) Child Communities initiative works to stop child abuse and neglect with free programs, support and services from Provincetown to Barnstable.

MA Department of Early Education and Care's Coordinated Family and Community Engagement (CFCE), and Parent Child Plus (PC+), fund free programs, support and services from Provincetown to Barnstable.

MA Department of Early Education and Care's Families First Ambassadors.

MA Department of Public Health's FIRST (Families In Recovery Support) Steps Together provides free home visiting services for families impacted by substance use on Cape Cod, Nantucket, Martha's Vineyard.

MA Department of Public Health's State Opioid Response Prevention in Early Childhood for Barnstable County.

### FY23 New Grant Awards

Cape and Islands United Way; Cape Cod Foundation: Covid Relief Fund, Mollie Hirshberg Fund; Cape Cod HealthCare Foundation; League Club of Cape Cod; Hawk Family Foundation; Nordblom Family Foundation; Robin Foundation; Roessner Family Foundation; Peter and Elizabeth Tower Foundation.

### Town Human Service Committees

Bourne, Brewster, Chatham, Dennis, Eastham, Falmouth, Harwich, Orleans, Provincetown, Truro and Wellfleet

As always, thank you to Seamen's Bank for its decades of support.

## Community Engagement Calendar

Throughout the school year, we host eight community networking groups that provide a forum for us to stay connected to the needs of the families we serve. These important meetings help shape our programs, services and supports. Join us to learn about our collective community impact, how you can stay informed, and what to do to get involved. Below is our meeting line-up

April-June 2023, also posted on [www.capecodchildrensplace.com](http://www.capecodchildrensplace.com).

Meeting formats may vary. For more information, email contacts listed below.

### Cape Cod Regional 11-Town

#### Early Childhood Advisory Council

Quarterly, 6-7:30 pm virtual; 6/21/23

Patty Watson [pwatson@capecodchildrensplace.com](mailto:pwatson@capecodchildrensplace.com)

#### Barnstable Early Childhood Council

Quarterly, 5-6 pm; 6/12/23

Kelly Sommers [cfcebarnstable@gmail.com](mailto:cfcebarnstable@gmail.com)

#### Dennis-Yarmouth Early Childhood Council

Quarterly, 6-7 pm; 6/20/23

Sue Gubbins [dycfce@gmail.com](mailto:dycfce@gmail.com)

#### Monomoy Early Childhood Council

Monthly, 6-7 pm; 4/6/23, 5/4/23

Hybrid at Harwich Community Ctr., 100 Oak St.  
Lucy Gilmore [lgilmore@monomoy.edu](mailto:lgilmore@monomoy.edu)

#### Parent Advisory Council

Monthly, times/locations vary; 4/25/23, 5/23/23

Liz Dempsey [edempsey@capecodchildrensplace.com](mailto:edempsey@capecodchildrensplace.com)

#### Cape & Islands Early Learning Network

Alternate months, 1-2:30 pm; 4/12/23, 6/14/23

Hybrid at Cape Cod Family Resource Ctr., Hyannis  
Cindy Horgan [chorgan@capecodchildrensplace.com](mailto:chorgan@capecodchildrensplace.com)  
or Patty Watson [pwatson@capecodchildrensplace.com](mailto:pwatson@capecodchildrensplace.com)

#### Cape & Islands Maternal Depression Task Force

Monthly, 10-11 am, online; 4/20/23, 5/18/23, 6/15/23

Kerry McCarthy [Kerry.mccarthy.miller@gmail.com](mailto:Kerry.mccarthy.miller@gmail.com)

#### Cape Cod Fathers & Family Network

Occasional Mondays, 11:30-2 pm

Hybrid at Cape Cod Family Resource Ctr., Hyannis  
Paul Melville [pmelville@familynurturing.org](mailto:pmelville@familynurturing.org)



# Family Activities



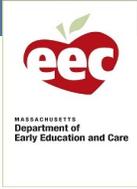
Cape Cod Children's Place provides Early Childhood Education and Care in the licensed, accredited classrooms at our Eastham Early Learning Center. Contact Liz Stapleton [liz@capecodchildrensplace.com](mailto:liz@capecodchildrensplace.com) with questions concerning enrollment in our classrooms for ages 2 months-5 years.

Below is a list of free grant-funded programs we offer for children and families at different locations.

**Pre-registration is required for all Family Activities on this page and Family Education & Support Programs on the next page; call 508-240-3310 to register and for more information.**

## April-June Family Activities

- Mondays:** **Baby's First Year**, 11 am-noon; weekly through June; Snow Library, Orleans, with Ali, ages birth-1  
**Peaceful Babes Yoga Playgroup**, 9:30-10:15 am; 4/3-6/5; Truro Community Center with Jenya, ages 2-5  
**Peaceful Babes Yoga Playgroup**, 11 am-noon; 4/3-6/5; Wellfleet Preservation Hall with Jenya, ages 2-5  
**Puppet Playgroup**, 10-11 am, 5/22-6/26 (skip 5/29 & 6/19); Eastham Library with Mary, ages 2-5  
**Get Outside**, 9:30-10:30 am, 4/24-5/22; explore trails with author Lissy Perna, D-Y area, ages birth-8  
**Music & Movement**, 1:30-2:30 pm, monthly 4/10, 5/8, 6/12; Hyannis Play Oasis with Ellen, ages birth-8  
**Family Yoga & Mindfulness**, 4-5 pm, 4/24-5/22; Yarmouth location with Jenya, ages 4-8
- Tuesdays:** **Little Naturalists**, 1:30-2:30 pm; 4/4-5/30 (skip 4/18); Long Pasture Audubon with Ellen, ages 3-5  
**Art StART**, 10-11 am; 2 sessions, 3/28-4/25 & 5/9-5/30; Harwich Port with Alex, ages 3-5  
**Toddlers' Tuesday Playground**, 10-11 am; 5/2-6/6; Dennis with Sue, ages 1-2  
**Eldredge Park Playgroup**, 10:30-11:30 am; 4/11-5/30; Orleans with Lucy and friends, ages birth-6  
**Stories, Suds and Songs**, 4-5 pm; 4/4, 4/11, 4/25; Star Laundromat, Dennis -- free laundry, too! ages 4-7
- Wednesdays:** **Kids Movement Jamboree**, 10-11 am; 4/26-6/14; S. Dennis location with Britt, ages 2-5  
**Book & Cook**, 5:30-6 pm; two sessions, 4/5-5/3 & 5/17-6/14; **virtual** with Chef Tomas, ages 3-8  
**Nature Art**, 10-11 am; 4/5-4/26; Barnstable location with Mary, ages 2-8  
**Baby Sign Language Basics**, 10-10:45 am; 5/17-6/7; **virtual** with Kelly, parents & children ages 0-16 mos.  
**Wiley Park Playgroup**, 10:30-11:30 am; 4/12-5/31; Eastham with Lucy and friends, ages birth-6
- Thursdays:** **Kids Movement Jamboree**, 10-11 am; 4/27-6/15; Whelden Library, Barnstable, with Britt; ages 2-5  
**Babies in Backpacks**, 1:30-2:15 pm; 4/27-5/25; Barnstable w/Ellen & Long Pasture naturalist, ages 0-12 mos.  
**Little Artists at PAAM**, 10:30-11:30 am; 4/6-5/11; Provincetown art studio with Camila, ages 2-5  
**Truro Playground Playgroup**, 10:30-11:30 am; 4/6-6/15; with Becca, ages birth-6  
**Story & Project**, 10-11 am; 4/13-6/22; Dennis Public Library with Jill, ages 2-5  
**Brooks Park Playgroup**, 11 am-noon; 4/13-5/25; Harwich, with Lucy and friends, ages birth-6
- Fridays:** **Peaceful Babes Yoga Playgroup**, 10:30-11:30 am; 4/7-6/15; Chatham Community Center with Jenya, ages 2-5  
**Peaceful Babes Yoga Playgroup**, 1-2 pm; 4/7-6/15; Snow Library, Orleans, with Jenya, ages 2-5  
**Stories, Suds and Songs**, 10-11 am; 5/12, 5/19, 5/26; Star Laundromat, Dennis, ages 2-5  
**Little Scientists**, 10-11 am; 5/19-6/30; Flax Pond, Yarmouth, with Mary; ages 2-5  
**Tides-Toys-Tranquility**, 5:30-6:30 pm; 5/5, 5/19, 6/2; Family Fun on Brewster Flats with Haley; ages birth-8
- Saturdays:** **Little Brazilians**, 10-11 am; 3/25-4/15; Health Ministry, Hyannis, with Vanessa; ages 2-7  
**Dad & Me**, 1-2 pm; monthly 4/29, 5/20, 6/10; various community locations with Tomas, ages 3-8  
**Lego Time with Dad**, 10:30-11:30 am; 4/15-5/4; Eastham Library with Justin, 8-family limit; ages 3-7  
**Get Outside**, 10-11 am; two sessions, 4/1-4/15 & 5/4-5/20; explore trails with Lissy Perna, ages birth-8  
**STEM Storytime**, 10:30-11:30 am; monthly 4/29, 5/13, 6/10; Hyannis Public Library with Lynn, ages 2-8
- Sundays:** **Sunday Funday, the Great Artdoors**, 10:30-11:30 am; 4/16-5/7; Brewster, with Haley; ages 2-5



## Family Education & Support



Cape Cod Children's Place provides Family Education and Support programs at no cost; see the list below. We also offer free family support consultations. For information call 508-240-3310; email [info@capecodchildrensplace.com](mailto:info@capecodchildrensplace.com) visit [www.capecodchildrensplace.com](http://www.capecodchildrensplace.com) or Facebook *Cape Cod Children's Place* Instagram *@capecodchildrensplace*

In addition to the programs listed below, we offer **Parent Child+**, a no-cost program in English, Spanish or Portuguese for families with a child 18-30 months old. Families receive free educational books and toys, home visits and video calls on flexible schedules, and services from a trained early learning specialist; email Marly Pereda [mpereda@capecodchildrensplace.com](mailto:mpereda@capecodchildrensplace.com) for information. Openings for fall 2023.

### Family Education, Workshops & Support Groups

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#### Family Education Series (virtual)

**Raising Healthy Families:** 6-7:30 pm, 6-week series  
Thursdays 4/27-6/1 with Cindy Horgan

**Positive Discipline:** in Spanish, 6-7:30 pm, 6-week series  
Weds 3/29-5/10 (skip 4/19) with Marly Pereda and Cindy Martin

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#### Workshops

**Technicool: Keeping Kids Safe on the Internet,** 4/3, 6-7:30 pm  
virtual with Children's Trust trainer, Tammy Bernardi

**Keeping Kids Safe: Safety Conversations,** 4/13, 6-7:30 pm  
virtual with Jacob Stapledon from Children's Cove  
and Cindy Horgan from Cape Cod Children's Place

**Kindergarten Readiness Prep Series:** 6-7 pm; 5/23-6/13  
Speakers from Monomoy, Nauset, Dennis-Yarmouth, Barnstable

**Get Ready for Kindergarten Puppet Show,** 6/29, 4:30-5:30 pm  
With "Puppets, Paul and Mary" at Harwich Jr. Theatre.

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#### Support Groups (virtual)

**Dads' Talk:** 6:30-7:30 pm, monthly on Tuesday  
4/1, 5/9, 6/6 with Paul Melville

**Dads in Recovery:** 6 pm, Tuesdays  
meet with Danny Rodrigues on 2nd & 4th Tues,  
join peer support group on 1st & 3rd Tues.

Register [CapeDadsGroups@gmail.com](mailto:CapeDadsGroups@gmail.com) or 774-722-3305  
**Sensational Chats:** 6:30-7:30 pm, monthly 4/25, 5/23, 6/13  
with Melissa Alves, pediatric OT

**The Road Less Traveled:** 7-8 pm, monthly on Tuesday  
4/25, 5/23, 6/13 support for families of children with complex  
medical diagnoses, with Mary Wilson and Laura Will

**Nurturing Fathers' Program:** call 508-240-3310 for options

### FIRST Steps Together

These programs provide support for families impacted by substance use.

Contact **Christina Russell**  
[crussell@capecodchildrensplace.com](mailto:crussell@capecodchildrensplace.com)  
for information about:

#### WRAP (Wellness, Recovery & Assistance in Parenting)

9:30 am Mondays

#### Rise

6-7 pm Mondays

Women's empowerment meeting  
focused on the recovery journey

#### Mindful Parenting

9:30 am Wednesdays  
strategies to incorporate  
mindfulness in your parenting

#### Dads in Recovery Support

6 pm Tuesdays  
Contact email above or  
[CapeDadsGroups@gmail.com](mailto:CapeDadsGroups@gmail.com)

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*FIRST Steps Together also offers home visits, referrals, help accessing support for basic needs, and connections to community-based services. Programs are available to families with young children on the Cape & Islands, with a history of substance abuse disorder. Contact us if you have questions about whether you are eligible.*



## News You Can Use

### Children's Trust

The mission of Children's Trust is to stop child abuse in Massachusetts. Look for parenting resources at <https://childrenstrustma.org/our-programs/one-tough-job> or at <https://childrenstrustma.org/our-programs/all-babies-cry>. Visit [childrenstrustma.findhelp.com](http://childrenstrustma.findhelp.com) to connect with services in your region.

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### Mobile Dental Hygiene Services

Call **508-240-3310** or email [smiles@mobiledentahygiene.com](mailto:smiles@mobiledentahygiene.com) for the next date when mobile dental services will be available by appointment at Cape Cod Children's Place.

### Outer Cape WIC

Outer Cape WIC provides free healthy food, breastfeeding support and nutrition information to eligible families at Cape Cod Children's Place on 2nd and 4th Wednesdays of the month. Call **508-240-0853** or **508-240-3310** for appointments and information.

### Family Pantry of Cape Cod

Call Karen at **508-240-3310** to get on the list for monthly food pick-ups at Cape Cod Children's Place. Visit [thefamilypantry.com](http://thefamilypantry.com) or call **508-432-6519** for information and hours to get food and clothing at Family Pantry of Cape Cod in Harwich.

### Lower Cape Outreach Council

508-240-0694 or [lcoutreach.com](http://lcoutreach.com). Food pantries on the Lower and Outer Cape towns; emergency financial aid, clothing and other resources.

### Healthy Families

508-540-2968. Family support for first-time parents through age 26.

### TUITION AID

Help in paying early childhood education & care fees is available to families from various sources, including:

**Bailey Boyd subsidies** serve families in Brewster, Dennis, Eastham, Provincetown, Truro and Wellfleet. Email [cbergen@baileyboyd.com](mailto:cbergen@baileyboyd.com) for information.

**Cape Cod Children's Place** 508-240-3310 or [info@capecodchildrensplace.com](mailto:info@capecodchildrensplace.com). Several resources available, including Eastham and Wellfleet Human Services scholarships and the Lower Cape Emergency Child Care Fund.

### Chatham Subsidy Program

Visit [chatham-ma.gov](http://chatham-ma.gov) or call Chatham Town Hall at 508-945-5100 for information and applications to the Dr. Florence Seldin Family Support Program for help to pay preschool fees for their 3- and 4-year-old children. **Monomoy Early Childhood Council** Support for Chatham and Harwich families; [lgilmore@monomoy.edu](mailto:lgilmore@monomoy.edu).

### Child Care Network

508-778-9470 x 203 or 888-540-2430. State-funded early childhood education & care vouchers.

### Vouchers for Teachers

Income-eligible early education staff at programs licensed or funded by the Dept. of Early Education & Care can call Mass211 and use the priority code Early Education Staff to receive priority status for child care vouchers.

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### OTHER RESOURCES

#### Early Intervention

508-418-5540 or [kdc.org/early-intervention](http://kdc.org/early-intervention). Developmental supports for ages 0-3.

#### Immigration Resource Center

508-771-1727 x 140. Free information & confidential advice on immigration.

### Monomoy Community Services

508-945-1501 or [Monomoy.org](http://Monomoy.org). Serving the Chatham community with childcare for working families, counseling referral services, financial assistance, and community special events.

### Cape Cod Foster Closet

508-514-7125 or [capecodfostercloset.org](http://capecodfostercloset.org). Clothing, shoes, baby gear, school supplies & more for local foster, adoptive and relative caregiver families, newborn through age 18.

### Helping Our Women

508-487-4357 or [helpingourwomen.org](http://helpingourwomen.org). Offices in Provincetown and Eastham. HOW provides services and transportation for Outer Cape women living with illness and disabilities.

### Falmouth New Moms Group

Meets weekly Wednesdays 10-11 am at Mullen Hall in Coalition for Children's space. To register email [shelbycraileylicsw@gmail.com](mailto:shelbycraileylicsw@gmail.com).

### Homeless Prevention Council

508-255-9667 or [hpccapecod.org](http://hpccapecod.org). Help for Lower/Outer Cape residents to find, keep, and pay for housing.

### WE CAN

508-430-8111 or [wecancenter.org](http://wecancenter.org). Offices in Harwich Port and now in Hyannis at 127 Airport Drive. Programs, supports and services to foster independence and create lasting, positive change for women going through life transitions.

### Children's Cove

508-375-0410 or [childrenscove.org](http://childrenscove.org). Child advocacy center providing services for child victims of sexual abuse.

### A Baby Center

508-771-8157 or [ababycenter.org](http://ababycenter.org). High chairs, strollers, bathtubs, bouncy seats, clothing, diapers, wipes, formula and other baby needs.



# Spring Suggestions

## Upcoming events:

**Family Fun Fair!** Saturday, April 1, 10 am-1 pm at Orleans Elementary School. Free children's activities 10-12, Family Dance Party 12-1.

**Easter Egg Hunt** -- Saturday, April 8, 9am at Ocean Edge, Rt. 6A, Brewster. Check your community for more Easter events.

**Clothing Swap** -- Saturday, April 22, 9 am; Eastham Methodist Church; seasonal event. Look on social media for details.

**Outer Cape Kite Flying** -- Saturday, April 22, 8:30 am; First Light Beach, Rt. 6A, Brewster.

**SAFE CHILD Communities Resource Fair** -- Wednesday, April 26 9 am to 4 pm. in West Yarmouth. For details and information email [mpereda@capecodchildrensplace.com](mailto:mpereda@capecodchildrensplace.com).

**May & June** -- Volunteers are needed for the Chatham & Harwich Children's Book Drive; [lgilmore@monomoy.edu](mailto:lgilmore@monomoy.edu).

**Intergenerational Family Cookout** -- June 5 at the Elks, Rt. 6, Eastham. Co-sponsored by the Eastham Council on Aging and Cape Cod Children's Place. All welcome. Call 508-240-3310.

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*Spring is a busy time of year, so check your social media, newspapers and other sources for spring activities scheduled in your town.*



## Town Meetings & Elections

### Your Vote & Participation Make a Difference!

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*Check your town's website for dates of Town Meetings and Elections*

Barnstable: [town.barnstable.ma.us](http://town.barnstable.ma.us)

Bourne: [bourne-capecod.com](http://bourne-capecod.com)

Brewster: [brewster.ma.gov](http://brewster.ma.gov)

Chatham: [Chatham-ma.gov](http://Chatham-ma.gov)

Dennis: [town.dennis.ma.us](http://town.dennis.ma.us)

Eastham: [eastham-ma.gov](http://eastham-ma.gov)

Falmouth: [falmouthma.gov](http://falmouthma.gov)

Harwich: [harwich-ma.gov](http://harwich-ma.gov)

Mashpee: [mashpeema.gov](http://mashpeema.gov)

Orleans: [town.orleans.ma.us](http://town.orleans.ma.us)

Provincetown: [provincetown-ma.gov](http://provincetown-ma.gov)

Sandwich: [sandwichmass.org](http://sandwichmass.org)

Truro: [truro-ma.gov](http://truro-ma.gov)

Yarmouth: [yarmouth.ma.us](http://yarmouth.ma.us)

Wellfleet: [Wellfleet.ma.gov](http://Wellfleet.ma.gov)

## How to Open and Operate an At-Home Licensed Family Childcare/School

*Thursday, April 6, 6-7:30 pm*

*Harwich Elementary School, 263 South Street*

Dinner & limited childcare available with pre-registration. RSVP to [lgilmore@monomoy.edu](mailto:lgilmore@monomoy.edu)

Join this roundtable discussion with Family Childcare Providers, the Dept. of Early Education and Care, and Cape Cod Children's Place.

## April Vacation Week

Green Briar Nature Center in E. Sandwich, 508-888-6870 [thorntonburgess.org](http://thorntonburgess.org)

Cape Cod Museum of Natural History in Brewster, 508-896-3867 [ccmnh.org](http://ccmnh.org)

Both these places offer activities for children and families during school vacation week April 17- 21 and in the summer .

Contact them for schedules.

## *Cape Cod Children's Place News*



### ***Welcome Spring!***

We welcome spring and the new energy it brings. That energy is evident in every aspect of our lives here at Cape Cod Children's Place: in our classrooms, where children and teachers are looking forward to getting our gardens ready for a new season; in our family activities, where children and adults are welcoming opportunities to participate in more outdoor programs; in our busy planning for this season and the summer ahead. Birds are singing, flowers are blooming, and we are ready!

As we move forward, we acknowledge with gratitude and many good wishes the wonderful work of Carol Biondi, who is leaving her role as our Groups Coordinator and moving into a new chapter in her life. Since joining us in January 2020, she has been tireless and committed in helping our grant-funded groups and family activities provide the support families needed in the chaos and isolation that Covid introduced into our lives. We couldn't have done it without you, Carol --- THANK YOU!

With her departure, we welcome Liz Dempsey [edempsey@capecodchildrensplace.com](mailto:edempsey@capecodchildrensplace.com) who joins us as our Groups Coordinator. Dolly Cheney will take on the role of Data Administrator, in addition to continuing her work as a longtime teacher in our Sea Star classroom.

For a complete list of all our staff and our programs, visit [www.capecodchildrensplace.com](http://www.capecodchildrensplace.com).

### **Save these Dates:**

**Monday, May 8--** Michael H. Cole Charitable Giving Foundation Golf Tournament. The Tournament is co-sponsored by Cape Cod Cooperative Bank and Cape Associates. CCCP is providing and benefitting from the auction and raffle items.

**Wednesday, June 28, 5:30-8:30pm: "Art Grab"** -- an Evening of Art to support Cape Cod Children's Place, hosted by Chequessett Yacht and Country Club in Wellfleet Harbor. This 2nd annual event features art donated by local artists, with refreshments and open bar.

*We welcome monetary donations of any size. Please call us for ways to give.*

*Contact us at:*

**Cape Cod Children's Place, P.O. Box 1935, N. Eastham, MA 02651**  
**[www.capecodchildrensplace.com](http://www.capecodchildrensplace.com); [info@capecodchildrensplace.com](mailto:info@capecodchildrensplace.com)**

**Tel: 508-240-3310; Fax: 508-240-2352**

*Visit our website [capecodchildrensplace.com](http://capecodchildrensplace.com), find us on Facebook and Instagram.*

*Email [info@capecodchildrensplace.com](mailto:info@capecodchildrensplace.com) for more information.*



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 10 Ballwic Road, off Nauset Road  
 N. Eastham, MA 02651  
 508.240.3310 telephone  
 800.871.9535 toll free  
 508.240.2352 fax  
[info@capecodchildrensplace.com](mailto:info@capecodchildrensplace.com)  
[www.capecodchildrensplace.com](http://www.capecodchildrensplace.com)  
 Check out this newsletter "in color"  
 on-line at our website.



**HELPFUL FAMILY CONTACTS & RESOURCES**

*Our Family Resource Guides are available online at [www.capecodchildrensplace.com](http://www.capecodchildrensplace.com) in English, Spanish and Portuguese. Call Cape Cod Children's Place at 508-240-3310 to request a printed copy.*



|  |                  |  |
|--|------------------|--|
| <b>A Baby Center</b>                               | 508.771.8157     | Basic items for infants and toddlers up to age three living on Cape Cod and Islands            |
| <b>Al-anon /Alateen</b>                            | 508.394.4555     | Offering support for friends, families and teens with problem drinkers in their lives          |
| <b>Cape Cod Family Resource Center</b>             | 508-815-5100     | Support for all families: groups, activities, classes, events.                                 |
| <b>Cape &amp; Island Breast Feeding Warm Line</b>  | 888.890.2229     | Lactation services and classes are available to local Cape and Islands mothers                 |
| <b>Child Support Enforcement-Mass DOR</b>          | 508.771.2414 x 3 | Assistance in enforcing the financial responsibilities of parenthood                           |
| <b>Consumer Credit Counseling</b>                  | 800.208.2227     | Budgeting and debt consolidation assistance  |
| <b>Dept. of Transitional Assistance</b>            | 508.862.6600     | Services and resources for low-income families and individuals.                                |
| <b>Fuel Assistance Program</b>                     | 508.746.6707     | Emergency fuel/heating help  |
| <b>Healthy Connections</b>                         | 508.255-1903     | Referrals for free/low cost health insurance   |
| <b>Homeless Prevention Council</b>                 | 508.255.9667     | Counseling, advocacy, resources and referral services  |
| <b>Independence House</b>                          | 508.771.6507     | Cape Cod's Resource Center for Victims & Survivors of Domestic Violence & Sexual Assault.      |
| <b>Legal Services for Cape Cod &amp; Islands</b>   | 510-775-7020     | Non-profit legal aid   |
| <b>Lower Cape Outreach Council</b>                 | 508.240.0694     | Providing short-term emergency assistance to Lower Cape families and individuals               |
| <b>Mass APEAL</b>                                  | 508.349.1173     | Free clothing as well as information on Serve New England Program                              |
| <b>Monomoy Family Resource Center</b>              | 508.430.7216     | Ext. 4044: Information, support, diapers, clothing, food for Chatham and Harwich families.     |
| <b>Outer Cape Health Services:</b>                 | 800-667-5356     | Providing high quality primary healthcare in the 8 Lower/Outer Cape towns.                     |
| <b>Women, Infants and Children's (WIC) Program</b> | 508-771-7896     | Healthy food options, community referrals, nutrition education and breastfeeding support.      |
| <b>Parental Stress Line</b>                        | 800.632.8188     | A free, confidential, and anonymous 24-hour parent helpline for parental support               |
| <b>Provincetown Family Resource Center</b>         | 800.871.9535     | Providing support, referrals, and financial aid through the John A. Henry Trust.               |
| <b>SNAP Supplemental Nutrition Assistance</b>      | 877-382-2363     | Applications and assistance with food stamp program.   |
| <b>WE CAN</b>                                      | 508.430.8111     | Assisting Cape Cod women through divorce, career change /growth, job loss, illness, retirement |