

## Virtual "Dads' Talk" Group

## A program to support Dads & father figures *Facilitator, father; Tomas Tolentino* August 27, September 3, 10, 17, 24 from 6:30 – 7:30 p.m.

## Learn new "Dad Tools" to have more enjoyable parent/child interactions that enhance your child's growth and development.

Studies show that children grow up happier and healthier with nurturing fathers in their lives. This group is designed for Dads and father figures at a time when stress can be high, life is unpredictable, and there is less social connection in our lives.

Take time for yourself and hear how others are coping as caregivers of children and families. Create your own "toolbox" for effective parenting by gaining skills for handling challenging behaviors, calming stress, and learning effective communication & positive discipline strategies for raising healthy children.

## Pre-registration is required to receive a Zoom link by emailing:

<u>Cbiondi@capecodchildrensplace.com</u> or call Cape Cod Children's Place at (508) 240-3310. This programming is funded by Family Continuity and a SAFE Child Communities grant through the Children's Trust & a CFCE grant from the MA Dept. of Early Education and Care. It is administered by Cape Cod Children's Place in partnership with Family Continuity's Cape Cod Family Resource Center.



